

VOLUNTEERS

Volunteers form the foundation of our mission, dedicating their time to deliver groceries, provide companionship to isolated seniors, and bring joy to older individuals through acts of kindness.



590 volunteers
helped decrease loneliness
and isolation



Volunteers gave
27,718 hours of their
time valued at **\$890,000**

HOME-DELIVERED GROCERIES TO SENIORS



106 volunteers
in Home-Delivered
Groceries program



374,104 pounds
of food
bagged by
volunteers



26,632
bags of groceries
delivered through HDG



582 adults
in SF age 60+ received
Home-Delivered Groceries weekly

PROGRAMS REDUCING SENIOR LONELINESS



14 volunteers
500 shopping trips



23 seniors
in Grocery Shopper
program



41 seniors
in Friendly
Caller
volunteer
program



**Volunteers crafted
19,000 cards**
for seniors

**BECOME
A VOLUNTEER!**
MOWSF.org/volunteer