

THANKSGIVING PLACEMATS FOR HOMEBOUND SENIORS

You can let one of our 4,500 Meals on Wheels seniors know that people care about them during Thanksgiving by creating placemats that we will deliver along with their special turkey dinner!

Spend time with your family, friends, or coworkers and get creative! You'll have fun tapping into your artistic side, and you'll feel good, too, knowing that you're making a difference in the lives of so many of our community's seniors.

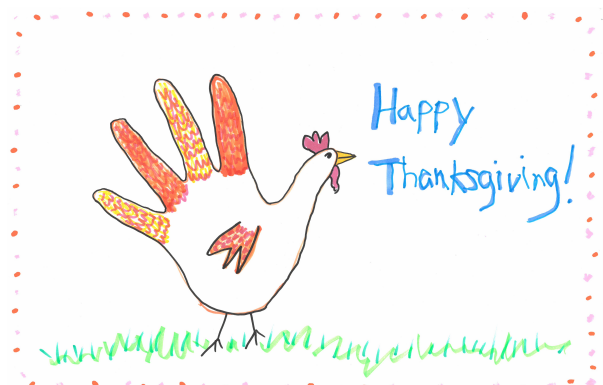
GUIDELINES

- Use 11 X 17 colored construction paper as a base. Anything close to the same size or a little smaller is fine - the sturdier the better. 8½ x 11 paper is too small.
- Use glue sticks for gluing and not any other type of adhesive.
- Do not use glitter, macaroni, or other types of decoration that can easily come off.
- Remember, seniors often have poor eyesight. Keep print large and avoid cursive.
- Do not sign the placemats, not even with your school or company name. It confuses many of our senior clients.
- Please avoid irony, slang, puns or jokey messages as it will also confuse our seniors. Think of kind, sincere, and joyful messages and images.
- Please do not use any language that pertains to any religion.
- Write Happy Thanksgiving on each placemat.
- Fill out cover sheet and include with placemats before mailing or dropping off.

MAIL OR DROP OFF CARDS TO

Meals on Wheels San Francisco
Attention: Stephanie Galinson
1375 Fairfax Ave., San Francisco, CA 94124

Have Questions? Contact Stephanie Galinson - Volunteer Coordinator
415-343-1314 or sgalinson@mowsf.org



COVER SHEET FOR THANKSGIVING PLACEMATS

Contact Name:

Date:

Group/Organization Name:

Address:

Email:

Phone:

How many people participated:

How many placemats:

Hours spent:

Why did you/group create placemats?

Are you on social media? We like to thank our card makers!

Twitter:

Facebook:

Instagram:

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