



MEALS on WHEELS
SAN FRANCISCO

MORE  THAN A MEAL
2018 ANNUAL REPORT

MEALS ON WHEELS SAN FRANCISCO — MEALS AND MORE!

Since 1970, **Meals on Wheels San Francisco** has provided seniors and adults with disabilities residing in the City with what they need to live independent and dignified lives — **nutritious meals, professional social work services including wellness checks** and a **friendly visitor**. Our programs fulfill a moral and economic imperative to care for seniors in their homes in the most cost-effective way possible.



A Year of Achievements

In 2018, thanks to your support, we **delivered 2 meals a day to more than 4,700 homebound** seniors in need — something no other program in San Francisco does. **Between July 1, 2017 and June 30, 2018, we delivered 2.1 million meals in San Francisco.** This is almost four times the number of meals we delivered just 10 years ago.

During the year, we touched the lives of **1,609 seniors, new to our program** (an increase of about 5 percent from 2017) and helped **decrease the citywide waitlist** meals programs by 93 percent.

We're extremely proud of our partnership with the City and County of San Francisco — and upon their request and support, **we delivered 137,510 meals to Navigation Centers** assuring formerly homeless adults do not go hungry.

Working in partnership with the **SF-Marin Food Bank**, we delivered **weekly groceries to 326 individuals** who cannot shop for themselves due to health issues, or lack of financial resources, but can still prepare their own meals. By developing relationships with these individuals early on, when the time comes, we can help transition them into our **Home Delivered Meals** program seamlessly.

This year we became a data-centric organization with the implementation of **Salesforce software** that allows us to centralize our data, manage logistics of operating programs at scale across the city, and uncover data that will help us make informed decisions around client care.

We continued to plan for the future through our **50th Anniversary Capital Campaign** to build a new state-of-the-art kitchen and production facility that will give us the capacity to produce 20,000 meals a day and position our organization as a go-to-source in the event of a food emergency in San Francisco.



OUR MISSION

Meals on Wheels provides a network of services that allow seniors to live in their home with dignity and independence as long as possible. By providing seniors with nutritious meals, daily safety checks, and support services, we reduce risks associated with loneliness, depression, and fall-related injuries.

OUR SERVICES

- Home Delivered Meals
- Home Delivered Groceries
- Nutrition Education Counseling
- Well Being and Safety Checks — every day
- Social Work and Case Management — home visits and referrals to critical outside services
- Minor Home Repair, Home Safety and Urgent Needs — ongoing distribution of grab bars, smoke detectors, microwaves, and refrigerators
- Friendly Visitor Volunteer Match Program — volunteers reduce isolation and assist with daily needs

WHY WE DO WHAT WE DO — THE HARD FACTS



Approximately 68%
of the seniors we serve
in San Francisco
LIVE ALONE

Approximately

74%

of the seniors we serve
in San Francisco
live on less than
\$900 a month



The population of citizens in San Francisco **aged 60+ is growing** and by 2020 it will have **increased by**

23%



Out of an estimated **136,191** older adults living in San Francisco (65+)

.....
nearly 61% do not have enough money to meet their basic needs.

(source: the California Elder Economic Security Index)

As you can see, the numbers are not in favor for seniors in San Francisco.

San Francisco, like many U.S. communities, has a growing number of seniors aging at home with limited financial resources, limited family support, and limited access to nutritious food.

Meals on Wheels San Francisco is *more than just meals* — staff and volunteers provide a continuum of services that meet the individual where they are in life both physically, emotionally, and financially.

When an elderly neighbor moves into a home and doesn't have a microwave to heat a meal — we provide them one. **And more...**

If there are safety issues within their living environment, such as an unsafe shower, or no smoke detector — we correct the issue. **And more...**

If a senior neighbor is feeling isolated or alone — we offer a friendly visitor to be there, sharing compassion and companionship when needed. **And more...**



MUSIC TO HIS EARS

Born in Idaho to Shoshone Native American parents, Kurt began playing piano at an early age. He trained under multiple teachers from around the world and later moved to San Francisco to pursue his education and eventually went on to earn a BA in Music from San Francisco State University.

As an adult, Kurt was diagnosed with glaucoma. He received treatment, but that didn't stop the disease from progressing. "I have a little vision over here. I can see my arm moving and I can see light and dark," he said, describing his eyesight without a hint of pessimism. Despite the impairment, Kurt navigates his second floor apartment (which he's lived in for the past 40 years), actively plays his piano in his living room, and walks around the city all with grace and confidence.

Meals on Wheels has been delivering meals to Kurt every week for the past seven years helping him stay healthy and independent in his home and his city. "I love the program. My budget won't allow me to eat out. It's just so easy. Pop the meal in the microwave and boom, bam. Done." **Read the rest of Kurt's story at: MOWSF.org/Kurt.**

MEALS ON WHEELS SAN FRANCISCO — WHO ARE OUR CLIENTS?

Your support of Meals on Wheels San Francisco in 2018 has allowed us to touch the lives of 4,700 seniors who come from all walks of life. Our daily visits include a healthy meal, safety and wellness check, and a friendly face, helping seniors stay independent and safe in their own homes.

BY THE NUMBERS

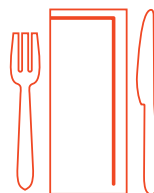
3,000 Wellness and safety checks

6,480 Holiday and birthday cards made

1,491 Number of clients who received nutritional counseling from MOWSF

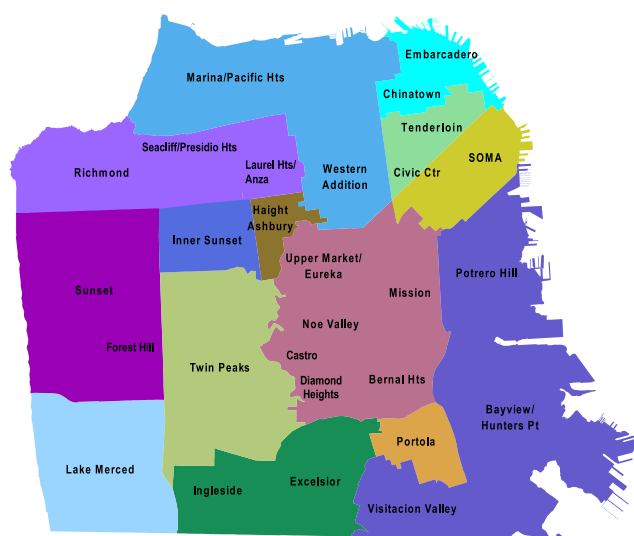


4,700 CLIENTS SERVED



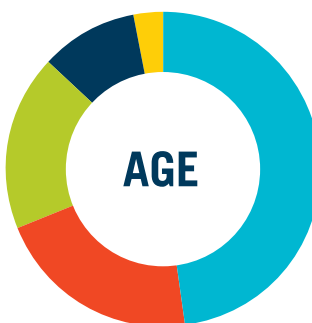
2.1 MILLION
Meals Delivered

(includes Home Delivered Meals and Home Delivered Groceries)



NEIGHBORHOODS WHERE OUR SENIOR CLIENTS LIVE

- Tenderloin = 23%
- South of Market District, Civic Center = 18%
- Sunset, Forest Hill = 14%
- Potrero Hill, Bayview, Hunters Point, Visitacion Valley = 11%
- Pacific Heights, Western Addition = 10%
- Upper Market, Diamond Heights, Castro, Mission, Noe Valley = 9%
- Chinatown, North Beach, Russian Hill, Nob Hill = 7%
- Ingleside, Excelsior = 5%
- Richmond, Seacliff/Presidio Heights, Laurel Heights = 3%



- 48% = 60 to 74
- 21% = 75 to 84
- 18% = 85+
- 10% = 45 to 59
- 3% = 44 and younger



- 38% = Caucasian
- 29% = African American
- 18% = Asian/Pacific Islander
- 11% = Hispanic or Latino
- 4% = Other

GENDER



75

Number of clients served through Friendly Visitor program



137,510

Number of meals delivered to Navigation Centers in San Francisco

21,000

Number of total volunteer hours valued at \$611,000



HOME DELIVERED GROCERIES — VOLUNTEERS MAKE A DIFFERENCE



There is nothing more nourishing to the body and the soul than a home cooked meal. However, for many seniors living on a fixed income in San Francisco, fresh, nutritious food is a luxury that they cannot afford.

During fiscal year 2018, and in partnership with the **SF-Marin Food Bank**, the **Home Delivered Groceries (HDG)** program delivered fresh produce, dry goods, and protein to 326 homebound seniors every week. HDG participants are seniors who are still able to prepare meals for themselves but are not able to shop for groceries due to mobility issues or financial constraints.

By devoting a couple of hours a week, volunteers improve the lives of seniors by helping assemble and/or deliver grocery bags, ensuring that every senior who is able, can prepare and enjoy their own meals.

The HDG program is a natural extension of our **Home Delivered Meals (HDM)** program and assures that homebound seniors, and adults with disabilities receive healthy meals. By deepening our relationship with each individual we provide seniors the pathway to a smooth transition into our HDM program when they need it. **Learn how you can volunteer at [MOWSF.ORG/Volunteer](https://mowsf.org/volunteer).**

HOME DELIVERED GROCERIES BY THE NUMBERS



6,444 HOURS

HDG Volunteer Hours
(a 47% increase from the previous year)



326

Number of seniors and adults with disabilities who received groceries from our program (a 16% increase from the previous year)



30-50

Number of volunteers who deliver groceries weekly

ADOPT-A-BUILDING — OPENING DOORS TO COMPASSION



In the Tenderloin and SoMa, there are 30 buildings that house 800 homebound seniors in tiny residential hotel rooms.

Meals on Wheels San Francisco started the **Adopt-a-Building (AAB)** program in 2015 with the goal of pairing corporate community volunteerism with the need to assure the most vulnerable, food insecure seniors living in single-room occupancy housing, receive regular healthy meals and human contact.

Since the program started, employees from Zendesk, Salesforce, Uber, Dolby, and Twitter (to name a few) have started their workday by delivering meals and a smile to senior neighbors in need. **Learn how your company can Adopt-a-Building at MOWSF.ORG/AAB.**

ADOPT-A-BUILDING BY THE NUMBERS



58,182

Number of meals served
through the program

800

Number of homebound
seniors served



14 Number of
buildings served
(an increase of 3 buildings
from previous year.)

80%

Number of seniors residing in Mid-Market
who live on less than \$990 a month

14

Number of companies
participating

"You saved my life when I broke my arm. I love MOW."

Meals on Wheels Client



We thank all of our Adopt-a-Building corporate volunteers for their positive impact in the community and with San Francisco seniors.



Salesforce — Giving Back to Community

As one of our valuable Adopt-a-Building (AAB) partners, **Salesforce** is helping fight senior hunger and isolation where the need is the greatest. The volunteers deliver meals five days a week to the Rene Cazenave Apartments, a single-room occupancy hotel. Since joining the program in June 2017, Salesforce has:

Delivered
7,100
Meals

Provided
3,540
Visits to Seniors

Donated
590
Hours of Their Time



Results: By Salesforce covering this building, we were able to add two new routes to serve more seniors, and drivers can now spend extra time with senior neighbors getting to know them better while assessing their well-being. **The waitlist for seniors in the City to receive meals and safety checks has decreased dramatically since the AAB program was implemented.**

THE 50TH ANNIVERSARY CAMPAIGN



For nearly 50 years, **Meals on Wheels San Francisco (MOWSF)** has been providing nutritious meals and vital daily visits to homebound seniors in San Francisco.

THIS IS OUR CHALLENGE — WE NEED YOUR HELP TO BUILD A NEW KITCHEN

In order for MOWSF to continue this important work, we have begun our **50th Anniversary Capital Campaign** to build a new kitchen that will be equipped to handle the 30 percent growth in the senior population that is expected by 2030 in San Francisco. Now more than ever, we need to prepare for the future demand.

The number of meals we deliver today has more than **TRIPLED** in the last decade from 523,000 in 2007 to 2.1 million in 2018.

LET'S BUILD IT TOGETHER

When we provide nutritious meals and daily safety checks for homebound seniors, we reduce the risks and costs associated with loneliness, isolation, depression, and falls. The new facility located at 2230 Jerrod Avenue will contain a 35,000+ square foot kitchen and food manufacturing area plus a 13,500 square foot distribution yard. The new kitchen will cost approximately \$41 million to build.

With your support, our new kitchen will:

- Increase **meal production capacity** from 8,000 to 20,000 meals per day
- Improve our ability to prepare **medically tailored meals, plant-based diets** and more culturally appropriate meal options
- Allow for a most cost-effective, **state-of-the-art kitchen and production facility**

Where we are today with the project:

- As of March 31, 2019, we've raised \$30.5 million
- We're actively engaged with foundations, corporate, and government partners to raise an additional \$6.5 million
- We will engage the general public to help us raise the remaining \$4 million needed beginning Fall 2019

To learn how you can contribute to the 50th Anniversary Capital Campaign, please contact Executive Director and CEO, Ashley McCumber at 415-343-1268, or kitchen@mowsf.org

THANK YOU SUPPORTERS OF THE CAPITAL CAMPAIGN

We gratefully thank the following supporters for their commitments to the 50th Anniversary Capital Campaign which were received between July 1, 2017 and December 14, 2018.

Anonymous (4)
Deborah and David Ballati
Cindy A. Black
Marc Blakeman
Shannon and Rob Bloemker
The Bob Ross Foundation
Alfred R. Brooks
Marty and Norman Buckhart
Helen Burt
Katie Callahan and Mark Mance
Lois and Steve Chess
Lisa and Jim Considine
Craig Newmark Philanthropies
Crescent Porter Hale Foundation
Craig Davini and Ashley McCumber
Sarah DeCoux and Dennis Flynn
Liz and Chris Dressel
First Republic Bank

Lee and Russell Flynn
Sara Flynn and Donald Libbey
Laura Flynn
Amy Flynn and Paul Burke
The Friend Family Foundation
Leslie and Umberto Gibin
Emily and Sam Glick
Teri and Andy Goodman
Judy and Richard Guggenhime
Herbst Foundation
Inner Spark Foundation
Pamela Johnson
Koret Foundation
Connie and John Linehan
Connie Thompkins McCole
Kate and Wes Mitchell
William Moliski
Sonja Hoel Perkins and Jon Perkins

Mark Petersen
Cathy and Mike Podell
Debbie and Andy Rachleff
Mary Risley
Kay Rousseau and Stuart Montgomery
Susan Sangiacomo and Diana Pelliccione
Yvonne and Angelo Sangiacomo Family
Foundation
Nancy and Kevin Sidow
Dr. Ian Patrick Sobieski
TPG Global, LLC
Craig and Maureen Sullivan Family Fund
Uber Technologies Inc.
Monique and John Viola
Walter and Elise Haas Fund
Irvonia Waters and José Allen
Rosemary and Harry Wong
Lisa and Todd Zabelle



“I would often go hungry without Meals on Wheels.”

Meals on Wheels Client

FINANCIAL SNAPSHOT

For fiscal year ended June 30, 2018

Statement of Financial Position

ASSETS

CURRENT ASSETS	FY 17–18	FY 16–17
Cash and Cash Equivalents — Unrestricted	\$1,994,157	\$1,610,793
Contracts Receivable	1,275,927	375,762
Other Receivables	645,744	567,072
Prepaid Expenses	89,716	77,324
TOTAL CURRENT ASSETS	\$4,005,544	\$2,630,951
OTHER ASSETS		
Property and Equipment, net	\$7,743,877	\$6,812,933
Cash and Cash Equivalents — Restricted	10,390	10,378
Deposits	91,542	50,520
Investments in Marketable Securities	3,616,300	3,348,481
Restricted Cash for Investment in Property and Equipment	4,550,006	417,896
Pledges Receivable, Capital Campaign, net	8,102,052	6,763,456
TOTAL OTHER ASSETS	\$24,114,167	\$17,403,664
TOTAL ASSETS	\$28,119,711	\$20,034,615

LIABILITIES AND NET ASSETS

CURRENT LIABILITIES	FY 17–18	FY 16–17
Accounts Payable and Accrued Expenses	\$1,949,805	\$1,155,255
Notes Payable, Net of Debt Issuance Costs	3,348,913	4,421,913
TOTAL LIABILITIES	\$5,298,718	\$5,577,168
NET ASSETS		
Unrestricted	\$7,187,270	\$6,195,343
Temporary Restricted	15,623,723	8,252,104
Permanent Restricted	10,000	10,000
TOTAL NET ASSETS	\$22,820,993	\$14,457,447
TOTAL LIABILITIES AND NET ASSETS	\$28,119,711	\$20,034,615

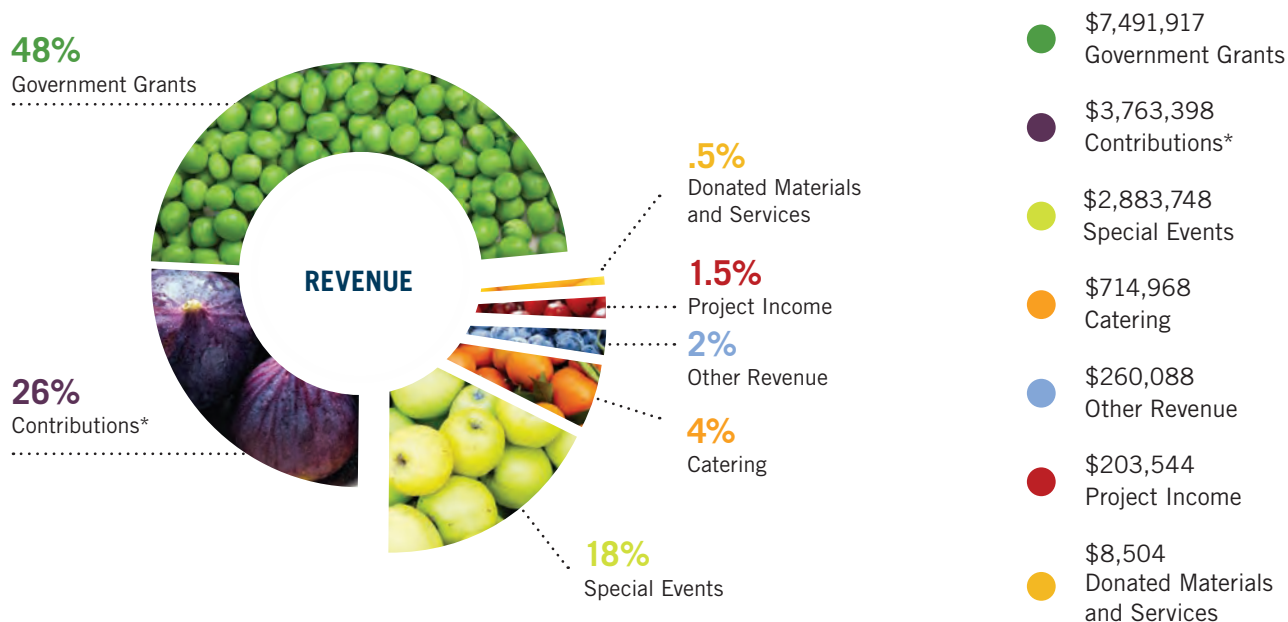
Assets and liabilities include Capital Campaign gifts and project expenditures

FINANCIAL SNAPSHOT

For fiscal year ended June 30, 2018

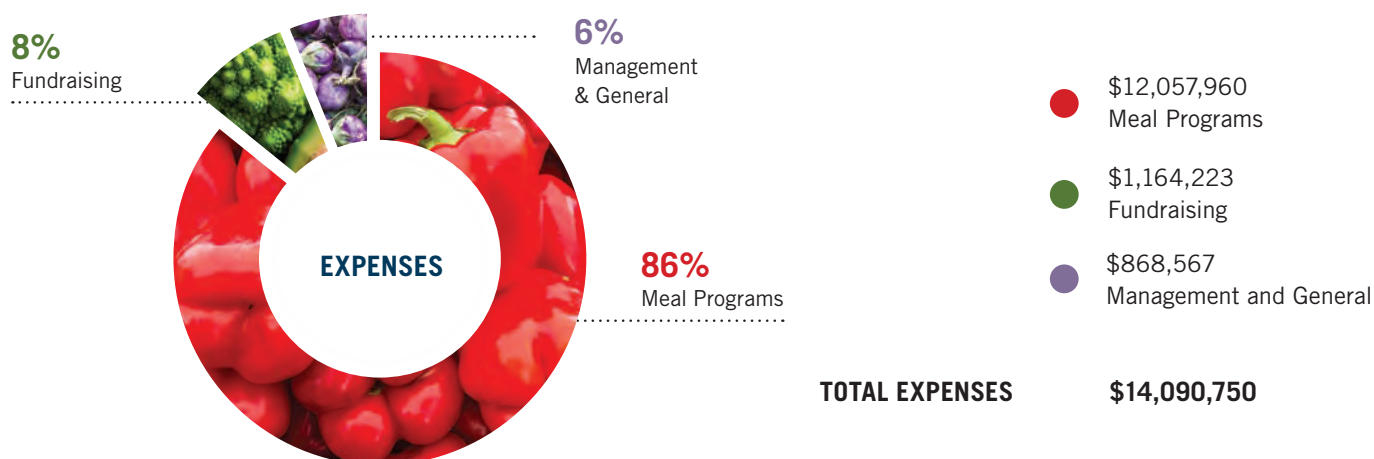
Statement of Activities

REVENUE AND SUPPORT — OPERATIONS



TOTAL REVENUE **\$15,326,167**

EXPENDITURES — OPERATIONS



TOTAL EXPENSES **\$14,090,750**

* Includes unrestricted and restricted funds.

THANK YOU TO OUR GENEROUS SUPPORTERS

A–D

Anonymous (5)
Kellie and Steve Abreu
Shalizi and Robert Afshar
Nancy Albertini and
Stephen Metzger
Faranak Aliabadi
Carmen Allison and
Holly Demaagd
Cathleen and Carl Anderson
Dean Anderson
Warren Anderson
Mary Anderson and
Salvador O. Gutierrez
Tabassom Ansari
William C. Appler
Caroline Arakelian
Kathryn Arbeit and Jeff Beene
Elaine Asher
Trudy and William Ausfahl
Tony Avila
Debra Baker
Scott Ball
Deborah and David Ballati
Marti Baroody and
Michael Joseph
George Barry
Tracy and David Barsotti
Sherrie and Michael Bassignani
Nicholas Battjes
Don Bauer
Betsy and Randy Baum
Warren L. Baxter
James Bays
Joan Beardsley and Ted Grossman
Lauren and Eric Beelar
Steve Bell and Jeff Cohen
Susie Bennett
Gerald Bernstein
Jeffrey Bharkhda
Daniel F. Binder
Xochi and Michael Birch
Karen Bisagno-Peterson
Joe Bisazza and Joseph Cozza
M. E. and Mary Bitterman
Cindy A. Black
Marc Blakeman
Shannon and Rob Bloemker
Sue and Tom Bohn
Michael Booth and Mike Oliva
Lorraine M. Bosche
Boston Properties
Brenda Bottum
Audrey Brandt and Dick Pierce
Adel and Milton Braselton
Richard Braun
Dennis J. Breen
Hans Peter Brondmo
Allison Broude Friedberg and
David Friedberg
C. Howard and Ellen Brown
Ellen and James Brown
Steven Brundrett
Paula Buchta and Brian Muldoon
Marty and Norman Buckhart

.....
We gratefully acknowledge donors who made gifts of
\$1,000 or more between July 1, 2017 and June 30, 2018.
To respect their privacy, we have eliminated gift levels from
our annual report.
.....

Jan and Jim Buckley
James W. Budke
Debra Bunyan
Maura Burk
Jeff Burke
Marie A. Burkhard
Helen Burt
Shannon and Patrick Cahill
Terrie Campbell and
James Henderson
Jodi and Mark Campion
Megan and Robert Carabine
Maria C. Cardamone
Greta Carlstrom
Matt and Cecile Carrere
Elizabeth Cartwright and A
Ian P. Casserly
John Caruso
Cory and Mike Casassa
Mary Lou Castellanos
John Cavanaugh
Karin and David Chamberlain
Daniel Champeau
Linda P. Chan
Chang Mooi Family Foundation
Justin Chen
Sherilyn Chew and
Peti Arunamata
Raphaella Cheng and Terence Chu
Lois and Steve Chess
Selina and John China
Minnie Chinn
Jennie Chiu and Chris Schaepe
Yoon Choi
Helen O. J. Chong
Christensen Family Foundation
Clara Chuck
Chuck Williams
Donor Advised Fund
Timothy A.M. Chuter, MD
Chris Ciatto
Simon Clark
Andrew Cleeland
Fran Codispoti
Noll Cogan
Jennifer and Adam Cohen
Dr. M. David Cohen
Kathleen and Martin Cohn
Community Thrift Store
Lisa and Jim Considine
Shirley and Stephen Cookston
Teresa M. Corbin
Joan Corrigan
Jane Cote-Cook and
Christopher Cook
James Covey
Carla and David Crane

Harold Cranston
Rodney D'Acquisto
Caroline Damsky and
Peter Sargent
Craig Davini and
Ashley C. McCumber
Jill and Stephen Davis
Jessica and John Davis
Shannon Davis
Teresa De Lauretis
Tom de Rose and Karl Sopke
Sashi Deb
Samantha and Bradley DeJean
Kathleen DePaola and Tim Bigalke
Foster and Laura Dereitzes
Barbara and Sheeroy Desai
Clifford Detz
David Devine
Sharon and Mike Dixon
Thao and Jerome Dodson
Sophie Dolan
Dagmar Dolby
Mary Lou Dorking
Marie and Peter Dorsey
Anna dos Ramos
Patricia Downey and
Richard Mortillaro
Kathy Doyle and
Enrique Rodriguez
Liz and Chris Dressel
Drew Foundation
Sue and Ron Dudum
Andrei Dunca
Raul A. Duran

E–H

Pat and Ron Eastman
Ed and Betty Manoyan Foundation
Ellen and Fred Eder
Lisa Edgar
Susan Edmonds
Andrew Eggers
Annette and Alan Eggers
Meredith and Barry Eggers
Andrea Eichhorn
Allison and Jesse Eisenhardt
Michael Eisler
Jay M. Elliott
Helen M. Embree
Dana and Robert Emery
Charles A. Emrich
Margareta and Staffan Enchantz
Marlene and David Engberg
Hon. Judith Epstein and
Joseph Epstein
Karen and Tom Falk
Thelma Famorca

Leah Drake and Alex Farkas
Federlein Family Fund
Amy Fenning
Jeffery Fenter
Liz Fisher
The Fitzpatrick Foundation
Laura Flourens-Fanlo and
Nino Fanlo
Amy Flynn and Paul Burke
Sarah DeCoux and Dennis Flynn
Denise Flynn
Laura Flynn
Lee and Russell Flynn
Sara Flynn and Donald Libbey
Denise Foderaro and
Frank Quattrone
Jonathan Fornaci
Myrna and Thomas Frankel
Dustin Frazier
Bryan Freedman and Ron Gregoire
Samantha and Marc Furstein
Tyler Gaffney
Holly S. Galbrecht
Linda and Sandy Gallanter
Janet Gallin and Ted Kelter
Joe Gallo
Paul Gamba
Shelby and Frederick Gans
Pooja and Gary Gauba
Timothy Gemmill
Claudia Geoly and
Jose Zamorran
Pamela G. and Thomas B. Gerfen
Dan German
Leslie and Umberto Gibin
Christina Giguere and
David Kvaratskhelia
Gail and Jimmy Giliberti
Adam Glick
Linda Glick
Emily and Samuel Glick
Mai and Glen Godezano
Carol and Arthur Goepp
Sharon and Randall Goetzl
Shawna and Anand Gohel
Fernando Gonzalez
Marne Good and Brian J. McHugh
Teri and Andy Goodman
Cynthia and Harvey Goodman
Robert R. Granucci
Marcia and Geoffrey Green
Judy and Josh Green
Mr. Eric H. Greenberg
Nancy and Rich Griffith
Sallie Griffith
Kimberly and Dan Grover
Vishal Grover
Nancy Grunbaum
Carol and Joseph Grundfest
Vikas Gupta
Haist Family Trust
Lawrence Half
Carolyn and Robert Hall
Pam and George Hamel
Dori and Doug Hamilton

THANK YOU TO OUR GENEROUS SUPPORTERS

Marsha Handley
Mary Hao
Karen and Rick Hargrove
Dorothy Harkavy
Hobart Harris
Sally and Greg Hartman
Daire and Stephen Harty
Pearline Hawkins-Williams
John K. Hawley
Monica and Stanley Hayes
Roland Heijn
Rosemary and Robert Heil
Daniel Heinrich
Elena Helf and Mike Schonberg
Cecilia and Jim Herbert
Mary Heylin and Timothy Marten
Matt Hicks and Harshal Sanghavi
Sabrina and Dennis Higgs
Anne and John Hinton
Sarah and Kenneth Hirsch
Erika Ho
Michaela and Jay Hoag
Kirby and Neilma Hock
Richard Hoffman
Linda Holbrook and Jack Dusay
Patricia Hollingsworth
Lenna and Robert Hopper
James C. Hormel and
Michael P. Nguyen
Stan Hornbacher
Jenny and John Hosey
Linda and Jerome Hosken
Lynn and Bill Hosler
Yvonne Hughes and
Jeff Garelick

I-L

IfOnly
Jackson Family Wines
Lillian Jackson
Julie Jackson and Brian Liles
Barbara and Carl Jacobson
Judith Jaeger
Daria Janese and Teresa Johnson
C. Bradford and Dorothy Jeffries
Jennifer and Sean Jeffries
Jennings-Nash Family Gifts
Lucille M. Jewett
Barbara Johnson
Pamela Johnson
Kelley C. Jones
Joerg C. Juretzka
Jacqueline and Kareem Kaddah
Roslyn and Donald Kahn
Shannon and Rohan Kalbag
Christina and Deepak Kamra
Patricia Kaplan
Daniel Karubian
Susan and Ron Kase
Anne and Jeffrey Katz
Barbara and Ronald Kaufman
Allyson Kavner
David Keenan
Heather Keenan
Mauricio Keene

Michelle Keene and Mark Tellini
Patricia and Louis Kelso
Gloria Kemp and John Odell
Kathryn E. Kersey
Galorah Kesharaz and
Ali Rowghani
Saundra E. Keyes
Susan Keyes and Jim Sulat
June L. Kilroy
Hannah and James Kim
Dione and David King
Harold Kirker
Tracy Kirkham
Lisa and Derek Kirkland
KKR Credit Advisors
Kate and Thomas Klein
Charles L. Knapp
Nina Kouyoumdjia and
Hratch Achadjian
Hamila and Roman Kownacki
Leena and James Krasno
Susan and James Kresek
Andrea and K. H. William Krueger
Frances Kwee
Eileen and Chris Kwei
Susan and Mark Lachtman
Connie and Jeffrey Lam
Sharon and Herbert Lampert
Barbara Lancaster and Ron Vance
Dara and Enrique Landa
Benjie G. Lasseau
Amanda and Robert La Thanh
Patricia Lee-Hoffmann and
Steve Hoffmann
Elizabeth H. LeFever
Lisa Lemanczyk
Carole J. Leong
Christine Leong and Scott Connors
Dale Leonudakis
LERS ROS
Kenneth C. P. Leung
Nellie and Max Levchin
Meagan Levitan and
Dale Carlson
Kristin Levitan, M.D.
Willie L. Lew
Joan and Evan Lewis
Eric Liebes
Linda and Robert Lillard
Connie and John Linehan
Greg Linn
Marie and Barry Lipman
Susan E. Little
Feysan J. Lodde
Ryan Long
Phillip Lucas
Sandra H. Lynch

M-P

Tracy and Brock Macdonald
Christine Mack
Brenda MacLennen
Neil J. MacPhail
Pat and David Maddox
Melanie and Peter Maier

Maurine Malaspina
Steven Malik
Vicki and Mike Maniglia
Jill Manthei and Ethan Malasky
Nicholas Marchi
Sue and Phil Marineau
Mariposa Fund
Judy and Melvyn Mark
Carole Marks
Susan Marsch
Jackie and James Mayhew
Heidi and Christopher Mayon
Bruce G. McCarthy and
Jim Macksood
Cindy and John McCarthy
McCarthy Moving & Storage, LLC
Debbie and Franki McDermott
Michael McDermott
Lisa and Jason McDonell
Monica and Daniel McGue
Lynn and Neil McKinnon
William H. McShane
Shireen McSpadden
Ben Meek
Meredith and Jonathan Meeks
Jasheen and Neil Mehta
Vera and Kenneth Meislin
Max Meng
Sharon and Stan Meresman
Denise and Peter Merlone
Joan and Richard Merryman
Debbie and Marc Metcalf
Ravi Mhatre

Carla Newell
Valerie and Edward Nicolson
Karen and Joe Niehaus
Brett Nissenburg
Nancy Oakes and Bruce Aidells
Marsha O'Bannon
Theresa and George O'Connell
Jeaneen O'Donnell
Lorna and Richard Oppenheimer
Mari Orser
Michelle Ortega
Carol and Christopher Owen
Elisabeth Pang Fullerton
Foundation
Paragon Real Estate Group
Gabriela and Mark Parcella
Anne and Michael Parish
Diana Parker
Alexandra Pastor
Erin Pattison
Zan and Jack Peat
Nan Peletz
Diane and James Pennington
Hilda and Carlos Perea
Linda Perez
Rebecca Perez
Sonja Hoel Perkins and
Jon Perkins
Mark Petersen
Marie O. Piccetti
Sheree Pirie
Nima Pirzadeh
Sonia and Nestor Plana

ADDITIONALLY...

We are deeply grateful to the hundreds of other donors not listed here who have made generous and thoughtful gifts to MOWSF during this past fiscal year.

Nicki Michaels and
Nicholas Dewar
Chris Miller and Gary Glaser
Kathy L. Miller
Ereca Miller and John Shrewsbury
Angeline Miranda
Teresa M. Mitchell
William J. Moliski
Esmond Monroy
Melinda Montgomery
Lilla and Dean Morehous
Kathryn and Joe Morford
Dan Morgan
Linda Moriarty
Sally Morton
Silbey Mui and Charles Siu
Helen and Matt Murphy
Andrea and Scott Nagelson
Bobby Nakata
LeAnn and Mike Napolitana
Margaret Naraghi Quattrin and
Vic Quattrin
Janet Neaves

Cathy and Mike Podell
Anne Popkin
Lori and Chris Potter
Betty Ann Prien

Q-T

Ruth Quigley
April and Mathew Quilter
Debbie and Andy Rachleff
Senthil K. Ramakrishnan
Jean and Richard Rapoport
Amanda Reed and Craig Wyatt
Carla and Philip Reed
Dorothea Reilly
Elizabeth and William Reilly
Toni Rembe Rock and Arthur Rock
Susan D. Resley
Thomas Rikert
Justin M. Rinfret
Jane and Jerry Risk
Mary Risley
Christine Ritchie
Kim Roberts and Bob Holzapple

THANK YOU TO OUR GENEROUS SUPPORTERS

Elaine Robinson and
Andrew Citizen
A. Jean Robinson
Rosemary and Peter Robinson
Tom Robinson
Annette and Jeff Rocca
The Rock Foundation
Jonathan Rodriguez and
Kathryn Surso
Howard Roffman
Drago Rojkovic
Quiria and Michael Romano
Deborah Romer and
William Tucker
Judith Rosenberg and
Alan M. Fried
Holly and Steven Ross
Louis Rossi
Gregory J. Rossmann
Kay Rousseau and
Stuart Montgomery

Ludwika Schein
Paul L. Schmidbauer
Irmgard Schmid-Maybach
Margaret Schoelwer
Bridget Schreiber
Ward Schumaker
Suzanne and Chris Scoggins
Megan P. Scott
Janice and Geoff Sears
Marcy and David Segre
Xuan-Thu and Jake Seid
Elizabeth N. Sennett
Sally Sexton
Daphne Seymour and
Matt Locati
Ajit and Chitra Shah
Tara and Adam Shane
Erwin Shannahan
Laurie Sharp
Elizabeth and Bill Shea
Laurie Shepherd, D.D.S.

Ricardo J Sosa
Heguiberto Souza and
Steven Wozniak
Debi and Brian Spiers
Garret and Janina Spiecker
Christopher Spyrow
Margaret and Michael Stafford
Jacqueline and Norman Steiner
Edward Steinman
Tammy Strome and Steve Bardack
John and Diane Suci
Alison and Mark Sullivan
Isabel Sullivan
Craig and Maureen Sullivan
Family Fund
Liz Sweeny
Kimberlee Swig
Peggy and David Tanner
Leona and Dominic Tarantino
Jay Teevan
James Theriac
John F. Thistleton III
Lisa Thomas
Deepa and Thampy Thomas
Melchior Thompson
Sandra and John Thompson
Stephen Thorne
Thrasher Koffey Foundation
Mary and Cal Tilden
Stephanie and Keith Tomao
Marlene and Heigi Tomasson
Yvonne Tom and Edward Chun
Connie Tompkins McCole
Anita Tortorici
Nhon Tran
Tsais Family Foundation
Lilian L. Tsao
Robert Tufts
Abigail Turin and
Jonathan Gans
Brook and Maggie Turner
Andrea Tuttavilla

Jonathan L. Walker
Barbara A. Walkowski
Jim and Cary Walt
Steve Walton
Laura and James Ward
Hon. James L. Warren (Ret.)
Nina Washburne and Brian Wells
Atsuko Watanabe and
David Sovie
Irvania Waters and José Allen
Noriko Watanabe
Regula and David Weill
Jennifer and Jason Wells
Robert Weltman
Maria and Peter Wenner
Bob White
J. Anthony White
James P. White
Brigitta and Mark Whiting
James P. Whitlock, Jr.
Karin Wick
Kelly Wiesbrock
Margi and Bill Wiest
Rebecca and Evan Willette
Geisha and Jay Williams
Kathleen Wilson
Roseanne Wincek
Carol and Roland Wittner
Veronica and Adam Wolff
Art B. and Janet Wong
Rosemary and Harry Wong
Jonathan Wong and
Kenneth Zuckerman
Paul Ybarbo
Bersi Yilma and Shawn Cook
Lisa and Todd Zabelle
Cora and Ash Zaki
Sharron M. Zakus
Mona and Ed Zander
Rachel Zeldin
Mina Zen and Ming Nin
Paul Zen
John Ziegler

WITH GRATITUDE

MOWSF would like to send a special thank you to the San Francisco Department of Aging and Adult Services for their support and partnership.

Mood Rowghani
Tachina Rudman-Young and
Peter Young
Kim Ryan
Eric Rynerson
Emily Saas
San Francisco Men of Tomorrow
Henry Sanchez
Adam Sandlin
Susan Sangiacomo and
Diana Pelliccione
Yvonne and Angelo Sangiacomo
Family Foundation
Vivien and Jeff Saper
Sandeep Sardana
Lisa Sardegna and David Carrillo
Jan and Gene Saxe
Tracy Saxton

Lauren Shern
Lauren Shortt
Veronica Sibley
Nancy and Kevin Sidow
Peter Siggins
Elias and Mary Silva
Shelly and David Sinegal
Irene Siroskey
Nicole and John Skerry
Stefanie and Robert Skinner
Melissa and Steve Sloan
Ashley M. Smith
Joan and Frank Smith
Wendy L. Smith
Robert Smittcamp
Peter Snyder
Dr. Ian Patrick Sobieski
Beverly and Avrind Sodhani

V-Z

Ted van der Linden
Monique and John Viola
Cynthia Wai
Angela and Charles Waite



We extend our heartfelt gratitude to our corporate sponsors and patrons of the 31st Annual Star Chefs & Vintners Gala.

CORPORATE AND FOUNDATION SUPPORT

Anonymous (2)
Ann and Gordon Getty Foundation
AT&T
Bank of America/Merrill Lynch
The Barstow Foundation
Bloomberg
Blueprint Studios
Boulevard Restaurant
Bob Ross Foundation
The Brin Wojcicki Foundation
Build Group
The Carl Gellert and Celia Berta Gellert Foundation
Catholic Charities
Chockstone Fund
Citi
Coblentz, Patch, Duffy & Bass, LLP
Cole Hardware
COMPASS
Craigslist Charitable Fund
Crescent Porter Hale Foundation
Deloitte Consulting
Dodge & Cox
Evelyn and Walter Haas, Jr. Fund
Farella Braun + Martel, LLP
FENNIE + MEHL Architects
First Republic Bank
Friend Family Foundation
George H. Sandy Foundation
GreenLeaf
Greenspring Associates
Grosvenor Americas
The Headlands Foundation

Hellman Foundation
Home Depot Foundation
Impact Lighting
Imperial Council of San Francisco
Independent Living Systems, LLC
Inner Spark Foundation
Intero Real Estate Services
J & R Associates
The James Irvine Foundation
John and Marcia Goldman Foundation
Joseph L. Barbonchielli Foundation
JPMorgan Chase
Kaiser Permanente
Koret Foundation
La Tavola Fine Linen Rental
Lisa and Douglas Goldman Fund
Lockton Companies, LLC
Macy's Foundation
Mars Family Charitable Foundation
Meals on Wheels America
Metta Fund
Microsoft
Nellie Prescott Trust
Pacific Union Community Fund
Parnassus Investments
Paula Le Duc Fine Catering
Philadelphia Financial
Plant Construction
Plus 3 Foundation
PricewaterhouseCoopers, LLP
Richard Grand Foundation
Richmond Ermet Aid Foundation
San Francisco Magazine

San Francscio Media Company
SF Benz
The Sidney Schonfeld Foundation
The Silargorn Corporation
Skadden, Arps, Slate, Meagher & Flom, LLP
Standard Party Rentals
The Stanley S. Langendorf Foundation
Stones Throw
Stupski Foundation
The Swinerton Foundation
Subaru of American, Inc.
Sutter Health CPMC
Swig Foundation
Taste Catering and Event Planning
Thelma Doelger Charitable Trust
Thidwick Books
Third Sector New England
TouchPoint Foundation
TPG Capital, L.P.
Uber Technologies, Inc.
Utilegent, LLC
Valley Services, Inc.
VerTerra
Walter and Elise Haas Fund
Wells Fargo
Whitman Capital
William G. Gilmore Foundation
William K. Bowes, Jr. Foundation
William L. Price Charitable Foundation
The Wolfe Foundation
Yelp
Zendesk
The Zenith Insurance Company

IN KIND DONATIONS

1760
15 Romolo
A16
Absinthe Group
Acacia House
Ackerman Family
Acme Fine Wines
The Alembic
Alexander's Steakhouse
All Spice and North
Alpha Omega Winery
Amara
Antinori Solaia
Arietta
Arista
Atelier Crenn
Azur Wines
b. patisserie
Bacchus Restaurant Group
Ballentine Vineyards
Bar Agricole
Barbacco
The Battery
Bellota
Benu
Beth's
Bluestem Brasserie
Bo Bakery
Bond
Bonny Doon Vineyard
Boulevard Restaurant
Bucher Winery
Cafe de la Presse

Cakebread Cellars
Cala Restaurant
California Caviar Company
Californios
Canela Bistro
Captûre Wines
Cardinale
Castello Banfi
The Cavalier
The Caviar Co.
Caymus
Ceja Vineyards
Central Kitchen
Charles Krug
Chateau Montelena Winery
Che Fico
Chez Panisse
Cirq
Clark-Claudon Vineyards
Clase Azul Tequila
Cliff House
Clos Pissara
COI
Colgin
The Commissary
Continuum Estate
Copita Tequileria y Comida
Corra Wines
Crocker & Starr
Cultivar
Dana Estates
Davis Estate
Delfina

Dorchester Hotel
Duckhorn Portfolio
Dum Indian Soul Food
DuMol
Durant & Booth
Dutton-Goldfield
Dynamo Donut
E&O Kitchen and Bar
Ehlers Estate Wine
EPIC Steak
Estate Events by Meadowood
Ets-Hokin Studios
Failla
Fantasca Estate Winery
Farallon
Faust
Favia Winery
Flour + Water
Flowers Vineyard and Winery
Foreign Cinema
Four Star Seafood
Frances
Freeman Vineyard & Winery
French Laundry
Galerie Wines
Gary Danko
Gary Farrell Wines
Gemstone Vineyard
Gentleman Farmer Wines
Gibson
Gloria Ferrer Caves & Vineyards
Grace Family Vineyards
The Grade Cellars

IN KIND DONATIONS

Gran Moraine	Miura	Rivers Marie Vineyards
Greens Restaurant	Monsieur Benjamin	Robert Sinskey Vineyards
Grgich Hills Estate	Mora Estate	ROKA AKOR
Hakkasan	The Morris	Rose's Café
Hamel Family Wines	Mourad	Saddleback Cellars
Hanzell Vineyards	Mr. Espresso	Saison
Hard Six Cellars	Mt. Brave	Salt & Straw
Harrington Wines	Murray Circle	San Francisco Brewing Co.
Herb Lamb Vineyards	Navio at The Ritz-Carlton Half Moon Bay	San Francisco Giants
Hirsch Vineyards	Nellcôte	Sandhi Wines
Hog Island Oyster Co	Nico	The Saratoga
Hotel Del Sol	Nicolas-Jay	Sbragia Family Vineyards
Hotel G	Nine Suns	Scala's Bistro
Hourglass Winery	Nopa	Scarecrow
Humphry Slocombe	North Block Hotel	Scribe Winery
Iyasare	Notre Vin Wines	Seaglass Restaurant
Jackson Family Wines	Oakville Ranch Vineyards	Seasmoke
Jardiniere	Octavia	Silver Oak Cellars and Twomey Cellars
Kanzler Family Vineyards	One Market Restaurant	Sinegal Estate Wines
Kara's Cupcakes	Orin Swift Cellars	Single Thread Farms
Kimpton Buchanan Hotel	Ovid, Napa Valley	The Sir Francis Drake Hotel
Kimpton Hotel Palomar	The Oyster Girls	Skylark Wine Company
Kistler Vineyards	PABU	The Slanted Door
Knights Bridge Winery	Paella del Reyes	Sloan Estate
Korbin Kameron	Pangloss Cellars	Small Vines
Kosta Browne	Papapietro Perry Winery	Sodhani Vineyards
La Cucina Sabina	Paradigm Winery	Sons & Daughters
La Folie	Parallel 37	Spottswoode Estate Vineyard
La Jota Vineyard	Park Tavern	Spruce Restaurant
La Mar Cebichería	Patz & Hall	Stag's Leap Wine Cellars
La Sirena Winery	Paul Hobbs Wines	Staglin Family Vineyard
La Toque	Peake Ranch	Stones Throw
Ladera Vineyards	Peay Vineyards	Surf Air
Lail Vineyards	Perbacco Ristorante	Switchback Ridge Wines
Lamborn Family Vineyard	Peter Michael Winery	Tablas Creek Vineyard
Lazy Bear	Peter Paul Wines	Terzo
Le Colonial SF	Pilsner Urquell	Thomas Rivers Brown
Le Grand Courtage	Piperade Restaurant	Three Sticks Wine
Lede Family Wines	Plumed Horse	Tosca Café
LEVY McCLELLAN	Plumpjack Estate Winery	Trace at the W Hotel
Liholiho Yacht Club	Poggio Trattoria	Trestle Restaurant
Liocco	Presidio Social Club	Trick Dog
Locanda	Pride Mountain Vineyards	True Laurel
Lord Stanley	The Progress	Tsar Nicoulai Caviar
Louie's Gen-Gen Room	Promontory	Viader
M. Etain	Prospect	The Villa Taverna
M.Y. China	Pulido-Walker	Vineyard 29
Majestic Yosemite Hotel	Quince	Vineyard 7 & 8
Manresa	Qupé	Waterbar
Marcassin Vineyard	Radio-Coteau	Wayfare Tavern
Marin Kombucha	RAEN	Wente Vineyards
Marlowe	Ramey Wine Cellars	Westin Verasa Napa
Marlowe	Recchiuti Confections	Wilkes Bashford
Martinelli Winery & Vineyards	The Resort at Pedregal	Williams Selyem Winery
Maven	The Restaurant at Wente Vineyards	Y. Rousseau Wines
Melka Estate	Retro Cellars	Young Ingledwood
Memento Mori	Rich Table	ZD Wines
Merchant Roots	Ridge Vineyards	Zena Crown Vineyard
Merry Edwards Winery	The Ritz-Carlton, Half Moon Bay	Zephyr Hotel
Michael Mina	The Ritz-Carlton, San Francisco	

“Thank you, I could not live at home without your help.”

Meals on Wheels Client

FY 2018–19 BOARD OF DIRECTORS

Russ Flynn, President

Principal
Flynn Investments.

Mark Petersen, Esq., Vice President

Partner
Farella Braun + Martel, LLP

John Viola, Treasurer

SVP, Market Executive
Global Commercial Banking
Bank of America Merrill Lynch

Rosemary Wong, Secretary

CEO
Harry K. Wong Publications, Inc.

José Allen

Retired Partner
Skadden, Arps, Slate, Meagher
& Flom LLP

Cindy Black

Managing Director
TPG Global, LLC

John D. China

Head of Technology Banking
Silicon Valley Bank

Leslie Gibin

VP, Residential Lending Services
First Republic
Co-Proprietor
Perbacco & Barbacco +
Eno Trattoria Restaurants

Richard Guggenheimer

Senior Council
Perkins Coie, LLP

Pamela J.D. Johnson, RN, BSN, MBA

Retired, Continuum of Care Administrator
Kaiser Permanente

Rohan Kalbag

Executive Vice President
Chief Operating Office Control Leader
Wells Fargo

Mark Mance

Owner
Northview Hotel Group

Kate Mitchell

Co-founder and Partner
Scale Venture Partners

William Moliski

COO and Head of Structured Finance
SG Capital Partners

Nancy Oakes

Chef and Co-Owner
Boulevard Restaurant

Debbie Rachleff

Community Volunteer

Susan Sangiacomo

Principal
Trinity

Kevin Sidow

Retired, Chief Executive Officer
and President
Moximed, Inc.

Dr. Ian Patrick Sobieski

Managing Director
Band of Angels, LLC

HONORARY BOARD

Teri and Andy Goodman, Co-Presidents**Deborah Ballati, Vice President****Barbara Walkowski, Secretary**

Kellie and Steve Abreu
David Ballati
Maren and Michael Bannon
Shannon and Rob Bloemker
Hannah Blumenstiel
Arne Boudewyn and Christopher Downing
Audrey Brandt and Richard Pierce
Sally Burke-Wingard and David Wingard
Sherri Burke and Robert Wolf
Helen Burt
Shannon and Patrick Cahill
Katie Callahan
Lois and Stephen Chess
Sherilyn Chew and Peti Arunamata
Lisa and Jim Considine
Teresa Corbin
Sharon and Mike Dixon
Tom de Rose and Karl Sopke
Meredith and Barry Eggers
Laura Flourens-Fanlo and Nino Fanlo

Lee Flynn
Jonathan Fornaci
Linda Forssman and Mick Grant
Andrew Freeman
Shelby and Frederick Gans
Ezra Garrett
Dan German
Umberto Gibin
Christina C. Giguere and David Kvaratskhelia
Emily and Sam Glick
Vishal Grover
Sally and Greg Hartman
Hannah and James Kim
Mary Heylin and Timothy Marten
Tom Horn
Rhonda Johnson and Tony Sladek
Christine Leong
Linda Lester
Connie and John Linehan
Tricia Mangabat
Connie Tompkins McCole
Lilla and Dean Morehous
Jonathan Orban
Gabriela Franco Parcella

Peter Paul
MeMe and Bruce Pederson
Diana Pelliccione
Sonja Hoel Perkins and Jon Perkins
Cathy and Mike Podell
Betty Ann Prien
Mary Risley
Guillermo Rodriguez
Kay Rousseau and Stuart Montgomery
Yvonne Sangiacomo
Nancy Sidow
Garret Spiecker
Maureen Sullivan
Jay Teevan
Laurie Thomas
Bart Vis
Atsuko Watanabe and David Sovie
Irvonia Waters
Veronica Watson and Mike Petonic
Harry Wong
Darlene Woodson
Abbie Yant
Lisa and Todd Zabelle
Charles Zukow

MEALS ON WHEELS SENIOR STAFF

Ashley C. McCumber

Chief Executive Officer
and Executive Director

David Linnell

Chief Program Officer

Anne Quaintance

Chief Government Affairs Officer

Patrick B. Schmalz

Chief Financial Officer

Jessica Sweedler

Chief Development Officer

ADVOCATE FOR MEALS ON WHEELS

The Older Americans Act, signed by President Lyndon Johnson in 1965 and enhanced by President Richard Nixon in 1972, paved the way for public funding for Meals on Wheels. Every year, local and state leaders join us in a collective call to action to preserve this crucial source of government funding for seniors across San Francisco. From the halls of Washington, D.C. to the streets of San Francisco, it is more important than ever to speak up. You can join us by adding your voice to this movement!

CONTACT CONGRESS

Meals on Wheels is powered by people just like you. We need your help to fund and protect the programs that support our seniors. To make your voice heard, take these four simple, yet impactful, steps to contact your member of congress.



CALL



EMAIL



TWEET



POST

**Nearly 9 million seniors in America face the threat of hunger.
Please protect and increase federal funding for #MealsOnWheels**

Visit [SaveLunch.org](https://www.SaveLunch.org) for more information



1375 Fairfax Avenue
San Francisco, CA 94124
Telephone: 415-920-1111 | Fax: 415-920-2718
info@mowsf.org | www.mowsf.org

Follow us:

