OUR MISSION

Meals on Wheels provides seniors the support they need to live independent and dignified lives — nutritious meals, professional social work and a friendly visitor.
Dear Friends of Meals on Wheels,

Together, we have accomplished a great deal of work this past year.

We delivered 1.725 million meals, exceeding our previous total by nearly 200,000. We broke our previous fundraising record at the 29th annual Star Chefs & Vintners Gala by raising $3.3 million in one night. We won a big victory at the ballot box in November, passing Proposition I with the support of two-thirds of the voters in San Francisco. This measure will increase funds for home delivered meals and other critical programs that support seniors and adults with disabilities.

While we’ve experienced a year for the record books, we also face tremendous challenges. Our most critical challenge is to keep pace with the fast-growing demand for our services, especially as Baby Boomers age into retirement.

This report details our major accomplishments for the past fiscal year. It also allows our clients to speak directly to you by answering one simple question: “What does Meals on Wheels mean to you?”

For us, Meals on Wheels means our community coming together to provide seniors the support they need to live independent and dignified lives. We would not achieve our mission to ‘nourish the whole person’ without your continued support.

Thank you for all you do to stand by seniors.

Sincerely,

Ashley C. McCumber
Executive Director

Lois Chess
President of the Board
OUR SERVICES

Home-Delivered Meals

Home-Delivered Groceries

Safety Checks

Nutrition Counseling

Social Work

Friendly Visitors and Good Neighbors

Spring Cleaning All Year Round

Home Safety and Urgent Needs
MAGGIE

Age: 90
Neighborhood: Bayview
Career: Photo specialist at Walgreens for 34 years
Length of time receiving Meals on Wheels: 4-1/2 years

What does Meals on Wheels mean to you?

“It makes me happy. It makes my son happy that they take care of me. I don’t think I could make it without Meals on Wheels. It’s a blessing.”
WHO WE SERVE

Meals on Wheels San Francisco serves those with the greatest physical, social, and economic need. The seniors we serve are frail, have limited ability to purchase or prepare meals, and have little to no support from family or caregivers. They are also confronted with the anxiety of living in San Francisco – one of the most expensive cities in the country. Many of our seniors survive on a monthly income of $970 or less. Below, you will find more information about the seniors we serve and some of the factors that lead to their growing social and economic need.

28,654
NUMBER OF EMERGENCY MEALS (INITIATED SERVICE IN LESS THAN 5 DAYS)

ETHNICITY

<table>
<thead>
<tr>
<th>Ethnicity</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Caucasian</td>
<td>38%</td>
</tr>
<tr>
<td>African American</td>
<td>30%</td>
</tr>
<tr>
<td>Asian/Pacific Islander</td>
<td>19%</td>
</tr>
<tr>
<td>Hispanic or Latino</td>
<td>10%</td>
</tr>
<tr>
<td>Other</td>
<td>3%</td>
</tr>
</tbody>
</table>

65% of our clients LIVE ALONE

56% of seniors in San Francisco LIVE IN ECONOMIC INSECURITY

74% live at or below the federal poverty line ($970/month)
Last year, MOWSF social workers spent 17,352 hours assisting seniors.

Age: 77
Neighborhood: SoMa
Career: Car manufacturing
Length of time receiving Meals on Wheels: 16 years

What does Meals on Wheels mean to you?

“I hope they keep things going for people of age. They haven’t any place to go. Family is not there. They seem to be put aside. Seniors just need a little bit of help. You need the meals because if you can’t move around, you get more disoriented. It makes you alive and happy. It’s makes your life much more interesting.”
### ACCOMPLISHMENTS: MOWSF IN 2015–2016

<table>
<thead>
<tr>
<th>Service</th>
<th>Quantity</th>
</tr>
</thead>
<tbody>
<tr>
<td>Home delivered meals</td>
<td>1,725,000</td>
</tr>
<tr>
<td>Seniors served</td>
<td>3,600</td>
</tr>
<tr>
<td>Emergency safety checks</td>
<td>3,384</td>
</tr>
<tr>
<td>Nutrition Counseling</td>
<td>1,625</td>
</tr>
<tr>
<td>Home visits by a social worker</td>
<td>2,441</td>
</tr>
<tr>
<td>Home repairs for senior veterans</td>
<td>65</td>
</tr>
</tbody>
</table>

**Cash value of volunteer hours worked**

$413,585

10,856 bags of fresh groceries were delivered through the Home Delivered Groceries Program, a partnership with the SF-Marin Food Bank that provides produce and other staples to low-income seniors who can still prepare some of their own food.

We have more than 3,000 active volunteers who engage in community service activities, assist at fundraising events, and work directly to assist homebound seniors.
Thank you to the Home Depot Foundation and Subaru of America for their generous support of homebound seniors. The Home Depot Foundation is a major supporter of veterans, working to improve the homes and lives of US Veterans and their families. With Home Depot Foundation’s support more than 65 senior vets and their families benefit from household repairs.

Through Subaru of America’s Share the Love Campaign, Meals on Wheels America and Meals on Wheels San Francisco have been able to provide resources for meals and volunteer services that are critical for so many vulnerable seniors.

Find us on social media @mowsf
FINANCES: JULY 1, 2015–JUNE 30, 2016

Assets

<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Current Assets</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Cash and Cash Equivalents — Unrestricted</td>
<td>$1,206,761</td>
<td>$548,772</td>
</tr>
<tr>
<td>Contracts Receivable</td>
<td>669,594</td>
<td>368,994</td>
</tr>
<tr>
<td>Other Receivables</td>
<td>252,183</td>
<td>169,596</td>
</tr>
<tr>
<td>Prepaid Expenses</td>
<td>75,985</td>
<td>53,195</td>
</tr>
<tr>
<td><strong>Total Current Assets</strong></td>
<td><strong>$2,204,523</strong></td>
<td><strong>$1,140,557</strong></td>
</tr>
<tr>
<td>Cash and Cash Equivalents — Restricted</td>
<td>10,376</td>
<td>10,375</td>
</tr>
<tr>
<td>Deposits</td>
<td>160,745</td>
<td>64,683</td>
</tr>
<tr>
<td>Property, Furniture and Equipment, net</td>
<td>950,752</td>
<td>916,274</td>
</tr>
<tr>
<td>Investments, marketable securities</td>
<td>2,912,021</td>
<td>3,337,975</td>
</tr>
<tr>
<td><strong>Total Assets</strong></td>
<td><strong>$6,238,417</strong></td>
<td><strong>$5,469,864</strong></td>
</tr>
</tbody>
</table>

Audited Numbers

Revenue and Support

![Revenue and Support Bar Chart]

<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Government Grants</td>
<td>$5,360,024</td>
<td></td>
</tr>
<tr>
<td>Contributions</td>
<td>$2,728,170</td>
<td></td>
</tr>
<tr>
<td>Special Events</td>
<td>$3,009,608</td>
<td></td>
</tr>
<tr>
<td>Other Revenue</td>
<td>$260,623</td>
<td>$2,728,170</td>
</tr>
<tr>
<td>Donated Materials &amp; Services</td>
<td>$43,175</td>
<td>$43,175</td>
</tr>
<tr>
<td>Project Income</td>
<td>$225,807</td>
<td>$225,807</td>
</tr>
<tr>
<td><strong>Total Revenue</strong></td>
<td>$11,627,407</td>
<td></td>
</tr>
</tbody>
</table>
FINANCES: JULY 1, 2015–JUNE 30, 2016

Liabilities and Net Assets

<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Accounts Payable and Accrued Expenses</td>
<td>$1,045,093</td>
<td>$721,964</td>
</tr>
<tr>
<td><strong>Total Current Liabilities</strong></td>
<td><strong>1,045,093</strong></td>
<td><strong>721,964</strong></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Net Assets</th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Unrestricted</td>
<td>$4,780,997</td>
<td>4,327,639</td>
</tr>
<tr>
<td>Temporary Restricted</td>
<td>402,327</td>
<td>410,261</td>
</tr>
<tr>
<td>Permanent Restricted</td>
<td>10,000</td>
<td>10,000</td>
</tr>
<tr>
<td><strong>Total Net Assets</strong></td>
<td><strong>$5,193,324</strong></td>
<td><strong>4,747,900</strong></td>
</tr>
</tbody>
</table>

| Total Liabilities and Net Assets        | **$6,238,417**| **$5,469,864**|

<table>
<thead>
<tr>
<th>Expenditures</th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Meal Programs</td>
<td>$9,062,593</td>
<td>81.05%</td>
</tr>
<tr>
<td>Fundraising</td>
<td>$1,007,752</td>
<td>9.01%</td>
</tr>
<tr>
<td>Management &amp; General</td>
<td>$1,111,638</td>
<td>9.94%</td>
</tr>
<tr>
<td><strong>Total Expenses</strong></td>
<td><strong>$11,181,983</strong></td>
<td><strong>100%</strong></td>
</tr>
</tbody>
</table>

Look who got a makeover!

We are so excited to debut our new look. If you’ve been following Meals on Wheels America, our new look will feel familiar — and that’s the goal. By aligning ourselves visually with the national organization, we are helping to build and strengthen a unified force that is fighting senior isolation and hunger across the country.

We hope you like our new look as much as we do. We invite you to further check out our new brand on Facebook / Twitter / Instagram, and catch a glimpse of our new van designs as they traverse the city each day.
## AUDITED NUMBERS

### Income and Expenses

<table>
<thead>
<tr>
<th></th>
<th>Unrestricted</th>
<th>Temporarily Restricted</th>
<th>Permanently Restricted</th>
<th>2015–2016 Total</th>
<th>2014–2015 Total</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Revenue and Support</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Government Grants</td>
<td>$5,360,024</td>
<td>-</td>
<td>-</td>
<td>$5,360,024</td>
<td>$4,436,588</td>
</tr>
<tr>
<td>Catering</td>
<td>263,743</td>
<td>-</td>
<td>-</td>
<td>263,743</td>
<td>111,781</td>
</tr>
<tr>
<td>Project Income</td>
<td>225,807</td>
<td>-</td>
<td>-</td>
<td>225,807</td>
<td>231,069</td>
</tr>
<tr>
<td>Contributions</td>
<td>2,407,670</td>
<td>320,500</td>
<td>-</td>
<td>2,728,170</td>
<td>3,037,733</td>
</tr>
<tr>
<td>Special Events, net</td>
<td>3,009,608</td>
<td>-</td>
<td>-</td>
<td>3,009,608</td>
<td>2,090,939</td>
</tr>
<tr>
<td>Other Revenue</td>
<td>40,055</td>
<td>-</td>
<td>-</td>
<td>40,055</td>
<td>78,030</td>
</tr>
<tr>
<td>Net Assets Released from Restrictions</td>
<td>328,434</td>
<td>328,434</td>
<td>-</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td><strong>Total Revenue and Support</strong></td>
<td>$11,635,341</td>
<td>&lt;7,934&gt;</td>
<td>-</td>
<td>$11,627,407</td>
<td>$10,200,368</td>
</tr>
</tbody>
</table>

| **Expenses**             |              |                        |                        |                 |                 |
| Meal Programs            | 9,062,593    | -                      | -                      | 9,062,593       | 8,021,645       |
| Management and General   | 1,007,752    | -                      | -                      | 1,007,752       | 438,787         |
| Fundraising              | 1,111,638    | -                      | -                      | 1,111,638       | 1,057,255       |
| **Total Expenses**       | $11,181,983  | -                      | -                      | $11,181,983     | $9,517,687      |

| Change in Net Assets     | 453,358      | <7,934>                | -                      | 445,424         | 682,681         |
| Net Assets, beginning of the year | 4,327,639 | 410,261               | 10,000                | 4,747,900       | 4,065,219       |
| **Net Assets, end of the year** | $4,780,997 | $402,327              | $10,000               | $5,193,324      | $4,747,900      |

March for Meals is a national campaign that recognizes the anniversary of the Older Americans Act (signed and enhanced by Richard Nixon on March 22nd, 1972). Meals on Wheels programs around the country honor this legislative accomplishment by inviting public officials and civic leaders to deliver a meal to a home-bound senior.

Last year, we were thrilled to include in this campaign Mayor Lee, Senator Mark Leno, Police Chief Suhr and Fire Chief Hayes-White, SF Giants Hall of Famer Orlando Cepeda, Chef Nancy Oakes, and every member of the Board of Supervisors.
THANK YOU TO OUR GENEROUS SUPPORTERS

We gratefully acknowledge donors who made gifts of $1,000 or more between July 1, 2015 and June 30, 2016. To respect their privacy, we have eliminated gift levels from our annual report.

A–D
Anonymous (7)
Kellie and Steve Abreu
Deb Affonsa
Gayda Airth
Carmen Allison
and Holly Demaagd
Patricia Allison
Mary Anderson
and Salvador Gutierrez
Cathleen and Carl Anderson
Jane Antonacci
Caroline Arakelian
Diana and David Arakelian
Kathryn Arbet and Jeff Beene
Elaine Asher
Carol and James Babcock
Susan and Richard Baker Lehne
Ann and JP Balajadia
Michael Balaoning
Scott Ball
Deborah and David L. Ballati
Jeff P. Bambrook
and Jeffrey Wahl
Maria and Dado Banatao
Maren and Michael Bannon
Kathy and Andy Barish
Wendy Barnett
Marli Barody
and Michael Joseph
Geraldine Barsotti
Sherrie and Michael Bassignani
Betsy and Randy Baum
Joan Beardsley
and Ted Grossman
Lauren and Eric Beelar
Jennifer L. Belardi
Gwendolyn and Gordon Bell
Daniel Benatar
Gerald Bernstein
Eva and Matt Billings
Daniel F. Binder
Cindy A. Black
Marianne Blair
Matt Blodgett
Shannon and Rob Bloemker
Roger Boone
Michael Booth and Mike Oliva
Lorraine M. Bosche
Amy and Scott Bowden
Peter Bowden
Dan Bowman
Richard Braun
Dennis J. Breen
Bruce and Chris Brent
Gail and Ben Brian
Lindsey and Scott Brill
Ellen and C. Howard Brown
Ellen and Jim Brown
Steven Brundrett
Paula Buchta
and Brian Muldoon
Marty and Norman Buckhart
Mary and Mike Buckley
James W. Budke
Sherri Burke and Robert Wolf
Marie A. Burkhard
Helen Burt
Shannon and Patrick Cahill
Jodi and Mark Campion
Robert Carabine
Dianne Carlson
Greta Carlstrom
Elizabeth Cartwright
and Alan Casserly
Cory and Mike Casassa
John Cavanaugh
Karim and David Chamberlain
Daniel Champeau
Lois and Steve Chess
Sherilyn Chew
and Peti Arunamata
Charles Chi
Jane K. Childress
Selina and John China
Jennie Chiu and Chris Schaepe
Jack Chu
Peggy Christidis
and Chris Kofinas
Chris Ciatto
Andrew Cleveland
Dr. M. David Cohen
Leeann and Julian Cohen
Kathleen and Martin Cohn
Lucius Conrad
Lisa and Jim Considine
Shirley and Stephen Cookston
Shivamun Cooney
Teresa M. Corbin
Joan Corrigan
Jane Cote-Cook
and Christopher Cook
James Covey
Hal Cranston
Eris and Alex Cushner
Rodney D’Acquisto
Becky and Chuck Dagg
Simah Dahi
Betsy and Michael Dallapé
Carolyn M. Daniel
Craig Davini
and Ashley C. McCumber
Tom de Rose and Karl Sopke
Steve DeJong
Charlene Del Muro
and Michael Aisenfeld
Kathleen DePaola
and Tim Bigalke
Nayiri and Ago Dermentjian
Jordan Deschamps-Bray
Monica Devereux
and Chris Columbus
David Devine
Carolyn Dewar and Thomas Czegledy-Nagy
Karen and Doug Diemoz
Frances A. Dillingham
Pamela and Steven Dinkelspiel
Sharon and Mike Dixon
Dagmar Dolby
Debra Dout and David Burns
Patricia Downey
and Richard Mortillaro
Ellen and John Drew
Sue and Ron Dudum
Andre Dunca
Milena and Chris Durkin
Linda and Jack Dusay
Ella Duval
Sarah and Tony Early
Pat and Ron Eastman
Meredithe and Barry Eggers
Andrea Eichhorn
Allison and Jesse Eisenhardt
Helen M. Embree
Dana and Robert Emery
Charles A. Emrich
Margareta and Staffan Encrantz
Marlene and David Engberg
Alison and Peter Engel
Judith and David Epstein
Hon. Judith Epstein
and Joseph Epstein
Jacqueline Erdman
Veronica and J. Edgar Fennie
Adrian Fenty
John Ferrara and Charles Zukow
Kara and Wayne Fingerman
Courtney Benoist and Jason Fish
Elizabeth and Jim Fisher
George Fisher
Amanda and Mark Fitney
Diane and Tim Fitzpatrick
Laura Flourens-Fanlo
and Nino Fanlo
Amy Flynn and Paul Burke
Dennis Flynn
Lee and Russell Flynn
Sara Flynn and Donald Libbey
Tony Foglio
Mary and Thomas Foote
Richard L. Frank
Bryan Freedman
and Ronald J. Gregoire
Andrew Freeman
Justin Frieders
Marc Furstein
Linda and Sandy Gallanter
Ervin Galuz
and Kevin Thompson
Danae and Jason Gamble
Shelby and Frederick Gans
Jeff Garelick
Pamela and Thomas Gerfen
Dan German
Julia and Aaron Gershengen
Leslie and Umberto Gibin
Christina Giguerre
and David Kvaratskhelia
Gail and Jimmy Giliberti
Patricia Glasky
Linda Glick
Emily and Samuel Glick
Gay O. Glikman
Patrick Godfrey
Carol and Arthur Goepp
Sharon and Randall Goetzl
Barbara Golumb
Fabiola and Hector Gomez
Marne Good
and Brian J. McHugh
Teri and Andy Goodman
Cynthia and Harvey Goodman
Arthur Goodrich
Lorraine Gotelli
Donna and Steven Goethe
Jill Gough-Ducey
Lydia and Michael Graham
Linda Fossman and Mick Grant
Kathleen Gratehouse
Judy and Josh Green
Kristin Greene
Amy Grossman
Nancy Grunbaum
Carol and Joseph Grundfest
Manisha and Mike Gupta
Avani and Ravi Gupta
Carolyn and Robert Hall
Pam and Georgia Hamel
Rick Hamer
Dori and Doug Hamilton
Mary Hao
Jeannie and Mark Harris
Sally and Greg Hartman
Monica and Stanley Hayes
Blair Heath
Terrie and James Henderson
Campbell
Cecilia and Jim Herbert
Dennis Herst
Mary Heylin and Timothy Marten
Matt Hicks
and Harshal Sanghavi
Linda Hiriruchi
Michaela and Jay Hoag
THANK YOU TO OUR GENEROUS SUPPORTERS

Sonja Hoel Perkins and Jon Perkins
Roni Hoffman and Robert Duncan
Robert Holtzapelle
Mary Hooper
Robert C. Hopper

Charles Knapp
Barbara and Richard Koffey
Elliott Krakora
Leena and James Krasno
Susan and Bob Kresek
Kimberely and Matthew Krummel
Liza Aaron Laabs

Cindy and John McCarthy
Elizabeth McCarty
and Edward J. Suhraski
Avril McHugh and Charlie Barry
Lisa and Jason McDonell
Heather McGaughy
and John Wilmouth
Marion and Gerald McGovern
Scott McMahon
Kathryn McNeil
Shireen McSpadden
Kimberly Mahood and Peter Lyu
Vera and Kenneth Meislin
Cherie and Phillip Melka
Sharon and Stan Meresman
Denise and Peter Merlone
Joan and Richard Merryman
Teresa Michael
Chris Miller and Gary Glaser
Ereca Miller
and John Shrewsbury
Tori and Dennis Miller
Mike Millman
Debby and Larry Mindel
Kya Minniger and Steve Peetz
Kate and Wes Mitchell
Cathy and Andrew Moley
William J. Moliski
Melinda Montgomery
Edward A. Moore Jr.
Robert Moore
Linda Moriarty
Maya Morohoshi
Silbey Mui and Charles Siu
Matt Murphy
Andrea and Scott Nagelson
Bobby Nakata
Margaret Naraghi Quattrin
and Vic Quattrin
Janet Neaves
Melanie Nelson
Murrey E. Nelson
Lanelle and Paul Neumann
Carla and Bill Newell
Craig Newmark
Karen and Joe Niehaus
Timothy Nolan
Nancy Oakes and Bruce Aidells

Anne and Michael Parish
Francesca Passalacqua
and Ed Hardy
Zan and Jack Peat
Diana Pelliccione
and Susan Sangiacomo
Diane and James Pennington
Rebecca Perez
Patricia Perkins-Leone
and Douglas Leon
e Mark Petersen
and Dana Whitaker
Hien Phan
Dana and Matthew Pingatore
Nima Pirzadeh
Sonja and Nestor Piana
Cathy and Mike Podell
Patrick Pohlen
Lynn and Ed Poole
Anne Popkin
Brian Poplin
Kelly Porter
Lori and Chris Potter
Courtney and Todd Power
Kristin and Scott Preston
Betty Ann Prien

James C. Hormel
Dr. William Hoskins
Patricia Hunter

Brittany and Miles Imwalle
Kathleen and Chris Jackson
Yoshiko Jackson
Barbara and Carl Jacobson
Jill Jarrett
Dorothy and C. Bradford Jeffries
Lucille and George Jewett
Michael Taylor John
Terese Johnson
Kelley Jones
Elizabeth and Robert Julian
Joerg C. Juretzka
Roslyn and Donald Kahn
Nancy and Michael Kahn
Keiko Kai-Ramos
Christina and Deepak Kamra
Anna and Barry Kane
Lynda Kanzler
Patricia Kaplan
Susan Karp and Paul Haahr
Merrill and Van Kasper
Anne and Jeffrey Katz
David Keenan
Heather Keenan
and Ron LaVigna
Mauricio Keene
Michelle Keene and Mark Tellini
Patricia and Louis Kelso
Gloria Kemp and John Odell
Stuart Kent
Brenda Kesler
Paula Key and John Murphy
Saundra E. Keyes
Susan Keyes and Jim Sulat
Hannah and James Kim
Dione and David King
Lisa and Derek Kirkland
David L. Klein
Kate and Thomas Klein
Carole Klyce

Connie and Jeffrey Lam
Kelsey and David Lamond
Steve LaMothe
Karen and Scott Lamson
Barbara Lancaster
and Ron Vance
Dara and Enrique Landa
Nancy L. Larson
James Lassart
Bill Lee
Patricia Lee-Hoffmann
and Steve Hoffmann
Kerri and Mark Lehmann
Lisa Lemanczyk
Christine Leong
and Scott Connors
Cynthia A. Lesher
Kenneth C. P. Leung
Nellie and Max Levinch
Jeremy Liew
Linda and Robert Lillard
Connie and John Linehan
Marie and Barry Lipman
Ryan Long

Brenda MacLennan
Neil J. MacPhail
Jim Macksood
and Bruce G. McCarthy
Magaro and Alex Magaro

WITH GRATITUDE

MOWSF would like to send a special thank you to the San Francisco Department of Aging and Adult Services for their support and partnership.

Melanie and Peter Maier
Steven Malik
Anna and Steve Malnight
Mike Maniglia
Katie and George Mark
Sarah and Stuart McAllister

Bill and Susan Oberndorf
Foundation
Vicky and Mike O’Brien
Susan Otto
Liz Padilla and Robert Salvaggio
Gabriela and Mark Parcella

WITH GRATITUDE

MOWSF would like to send a special thank you to the San Francisco Department of Aging and Adult Services for their support and partnership.

San Francisco Department of Aging and Adult Services

WITH GRATITUDE

MOWSF would like to send a special thank you to the San Francisco Department of Aging and Adult Services for their support and partnership.

WITH GRATITUDE

MOWSF would like to send a special thank you to the San Francisco Department of Aging and Adult Services for their support and partnership.

WITH GRATITUDE

MOWSF would like to send a special thank you to the San Francisco Department of Aging and Adult Services for their support and partnership.

WITH GRATITUDE

MOWSF would like to send a special thank you to the San Francisco Department of Aging and Adult Services for their support and partnership.
To: EVERYONE at MOW-SF
Hello, All!
You struck again! I received more presents, all of which I can use — the towels are especially welcome. And the hand-made cards were incredibly beautiful. I’m a real sucker for things that sparkle, so the red card that said “Joy” was all done in sparkling red and GORGEOUS. And someone named “Cassidy” made the most intricate and special snow flake card! I wish I could thank all the home-made card makers.

I want to thank everyone for the presents, the chocolates (keep them coming), the incredible cards, the beautiful wrapping, the plant, everything that helps those of us who become lonely sometimes to cheer up and forge ahead!

You are all so special!! Thank you very much and Happy New Year!

Andrea ♡

NOTE FROM A SENIOR

To: EVERYONE at MOW-SF
Hello, All!
You struck again! I received more presents, all of which I can use — the towels are especially welcome. And the hand-made cards were incredibly beautiful. I’m a real sucker for things that sparkle, so the red card that said “Joy” was all done in sparkling red and GORGEOUS. And someone named “Cassidy” made the most intricate and special snow flake card! I wish I could thank all the home-made card makers.

I want to thank everyone for the presents, the chocolates (keep them coming), the incredible cards, the beautiful wrapping, the plant, everything that helps those of us who become lonely sometimes to cheer up and forge ahead!

You are all so special!! Thank you very much and Happy New Year!

Andrea
CORPORATE AND FOUNDATION SUPPORT

Anonymous (5)
Accenture
American Express
Ann and Gordon Getty Foundation
AT&T
Bank of America/Merrill Lynch
Bloomberg
Bloomberg, San Francisco
Blueprint Studios
Bob Ross Foundation
The Brin Wojcicki Foundation
Cal Humanities
The Carl Gellert & Celia Berta Gellert Foundation
Chang Mooi Family Foundation
Christensen Family Foundation
Chuck Williams Donor Advised Fund
Citi
Classpass
Community Thrift Store
Coulter 2006 Management Trust
Craigslist Charitable Fund
Crescent Porter Hale Foundation
Dacor
The David B. Gold Foundation
Dau Family Foundation
Dodge & Cox
Ed and Betty Manoyan Foundation
Enjoy
Eugene A. Fuller, Jr. 2008 Trust
Evelyn and Walter Haas, Jr. Fund
Farella Braun + Martel, LLP
Federlein Family Fund
FENNIE + MEHL Architects
First Republic Bank
Full Circle Wine Solutions, Inc.
Genentech Foundation
George H. Sandy Foundation
Glasshouse
Goldman Sachs
GreenLeaf
The Headlands Foundation
Hellman Foundation
The Home Depot Foundation
HSBC
Impact Lighting
Independent Living Systems, LLC
Inner Spark Foundation
Instinet
Intuit Inc
ITG
The James Irvine Foundation
John & Marcia Goldman Foundation
Joseph L. Barbonchielli Foundation
JPMorgan Chase
Kaiser Permanente
Koret Foundation
KPMG LLP
La Tavola Fine Linen Rental
LERS ROS
Lightspeed Venture Partners
Local Independent Charities of America
Locinco Companies, LLC
Macy’s
Mars Family Charitable Foundation
McKinsey & Company
Meals on Wheels America
Mellon Capital
Mr. Espresso
Nobu Restaurant Group
The O’Shea Foundation
Pacific Gas & Electric Company
Pacific Union Community Fund
Pamakids Runners
Paragon Real Estate Group
Parnassus Investments
Paula Le Duc Fine Catering
Pinterest
PricewaterhouseCoopers LLP
Quattrone Foundation
Rhone Rangers
Richmond Ermet Aids Foundation
The Rock Foundation
Saks Fifth Avenue, San Francisco
Salesforce.com Foundation
Samsung Electronics
San Francisco Chronicle
San Francisco Foundation
San Francisco magazine
San Francisco Media Company
Scharffen Berger Chocolate
Scan Health Plan
Silicon Valley Bank
The Silargorn Corporation
SFBenz
Skadden, Arps, Slate, Meagher & Flom LLP
Smart Center, San Francisco
Standard Party Rentals
The Stanley S. Langendorf Foundation
Subaru of America, Inc
The Swinerton Foundation
Taste Catering and Event Planning
Thelma Doelger Charitable Trust
Thidwick Books
Thrasher Koffey Foundation
Today’s Hotel Corporation
TouchPoint Foundation
TPG
UBS Financial Services
Union Square Advisors
Valley Services, Inc.
ValueAct Capital Management, L.P.
Walter and Elise Haas Fund
Wells Fargo
William G. Gilmore Foundation
William K. Bowes, Jr. Foundation
William L. Price Charitable Foundation
Winifred Johnson Clive Foundation
The Wolfe Foundation
Zendesk

IN KIND DONATIONS

1760
3rd Cousin
A16
Aaxte
Absinthe Brasserie & Bar
Ackerman Family Wines
Acquerello
Akiko’s
All Spice
Ame Restaurant
Americano Restaurant
Anakota Wines
Anchor Brewing Company
ANZU
AQ Restaurant & Bar
Arcanum
Arietta
Arrels
Asian Box
August West Wine
Aziza
barbacco
Barbour Wines
Barcha
Barrel Head Brewhouse
Beach Blanket Babylon
Bix Restaurant and Lounge
Blending Sessions
Bluestem Brasserie
Bo Bakey
Bob’s Steaks & Chops
Bocadillos
Boulevard Restaurant
Bourbon Steak
Boxing Room
Brasserie S&P at Loews
Brian Arden Wines
Buon Vino Inc., Wine Shop
Cade Estate Winery
Cadence
Cafe de la Presse
Cakebread Cellars
Canard-Duchêne Champagne
Canella Bistro & Wine Bar
Capensis
Capture
Cardinale Winery
Casa Piena
Castle Winery
Castro Day Spa
Caymus Vineyards
Cayson Culinary Designs
Chateau Montelena Winery
Chaya Brasserie
Chef Tu David Phu
Chêne Bleu
Chez Panisse
CIRQ
Clark Claudon Vineyards
Cliff House
Clos Pissara
The Commissary
Conundrum
ColdSnowGlobes
Copain Wines
Copita Tequileria y Comida
Coravin
Cotogna
Craftsmen and Wolves
Crocker & Starr Winery
Cross Hatch Eatery
Cultivar
Dalla Valle Vineyards
Deerfield Ranch Winery
Delfina
DeLoach Vineyards
Desco
Destino Restaurant
Dirty Habit
Doc Ricketts
Dom Perignon
Domaine Chandon
Domaine Select Wine & Spirits
Dominus Estate
Duckhorn Portfolio
DuMol
Dutton-Goldfield Winery
E&O Kitchen and Bar
Emmolo
Entre Nous Wines
Epic Steak
Espeut Churrascaria
Ets-Hokin Studios
Fait Main
Fantesca Estate Winery
Farallon
Favia Wines
Fiorella
Flour + Water
Flowers Vineyard and Winery
Foreign Cinema
Four Star Seafood
Freeman Vineyard & Winery
Galerie
CONSUELO

Age: 72
Neighborhood: Mission Creek
Career: Accountant
Length of time receiving groceries: 3-1/2 years

What does Meals on Wheels mean to you?

“I am so grateful for Meals on Wheels. After the food, it is the people that it brings in to my life.”

Consuelo (left) with Giants Hall-of-Famer Orlando Cepeda. These two have become fast friends ever since Orlando Cepeda surprised Consuelo by delivering her groceries in March of 2016.

78% of MOWSF seniors live below the Federal Poverty Line.
<table>
<thead>
<tr>
<th>IN KIND DONATIONS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Gary Danko</td>
</tr>
<tr>
<td>Gary Farrell Winery</td>
</tr>
<tr>
<td>Gelateria Naia</td>
</tr>
<tr>
<td>Gemstone Vineyard</td>
</tr>
<tr>
<td>Gentleman Farmer Wines</td>
</tr>
<tr>
<td>Ghirardelli Chocolate</td>
</tr>
<tr>
<td>Gloria Ferrer Caves &amp; Vineyards</td>
</tr>
<tr>
<td>Grade Cellars, The</td>
</tr>
<tr>
<td>Grand Lake Kitchen</td>
</tr>
<tr>
<td>Great China</td>
</tr>
<tr>
<td>Greens Restaurant</td>
</tr>
<tr>
<td>Grgich Hills Estate</td>
</tr>
<tr>
<td>Gump’s</td>
</tr>
<tr>
<td>Hakkasan San Francisco</td>
</tr>
<tr>
<td>Hamel Family Wines</td>
</tr>
<tr>
<td>Hanzell Vineyards</td>
</tr>
<tr>
<td>Hard Six Cellars</td>
</tr>
<tr>
<td>Hard Water</td>
</tr>
<tr>
<td>Harrington Wines</td>
</tr>
<tr>
<td>Harris’ Restaurant</td>
</tr>
<tr>
<td>Hartmann Studios</td>
</tr>
<tr>
<td>Heitz Wine Cellars</td>
</tr>
<tr>
<td>Herb Lamb Vineyards</td>
</tr>
<tr>
<td>Hillside Supper Club</td>
</tr>
<tr>
<td>Hirsch Vineyards</td>
</tr>
<tr>
<td>Hog &amp; Rocks</td>
</tr>
<tr>
<td>Hog Island Oyster Co.</td>
</tr>
<tr>
<td>Hotel Del Sol</td>
</tr>
<tr>
<td>Humphry Slocombe</td>
</tr>
<tr>
<td>Hyde de Villaine Wines</td>
</tr>
<tr>
<td>Ichi Sushi + Ni Bar</td>
</tr>
<tr>
<td>Inglenook</td>
</tr>
<tr>
<td>Inn San Francisco</td>
</tr>
<tr>
<td>Iyasare</td>
</tr>
<tr>
<td>James Beard Foundation</td>
</tr>
<tr>
<td>Jardinière</td>
</tr>
<tr>
<td>Jean B. Tsang Design</td>
</tr>
<tr>
<td>John’s Grill</td>
</tr>
<tr>
<td>Kanzler Family Vineyards</td>
</tr>
<tr>
<td>Kara’s Cupcakes</td>
</tr>
<tr>
<td>Kaur Photography</td>
</tr>
<tr>
<td>Keenan Winery</td>
</tr>
<tr>
<td>Ken Fulk</td>
</tr>
<tr>
<td>The Keystone</td>
</tr>
<tr>
<td>Kistler Vineyards</td>
</tr>
<tr>
<td>Kosta Browne Winery</td>
</tr>
<tr>
<td>Kronner Burger</td>
</tr>
<tr>
<td>La Belle Day Spa</td>
</tr>
<tr>
<td>La Cucina Sabina</td>
</tr>
<tr>
<td>La Folie</td>
</tr>
<tr>
<td>La Jota</td>
</tr>
<tr>
<td>La Paulee New York</td>
</tr>
<tr>
<td>La Pitchouche Winery</td>
</tr>
<tr>
<td>La Sirena Winery</td>
</tr>
<tr>
<td>La Toque</td>
</tr>
<tr>
<td>La Urbana</td>
</tr>
<tr>
<td>La Verrière</td>
</tr>
<tr>
<td>Ladera Vineyards</td>
</tr>
<tr>
<td>Lail Family Vineyards</td>
</tr>
<tr>
<td>LaJota</td>
</tr>
<tr>
<td>Lambert Bridge Winery</td>
</tr>
<tr>
<td>Lamborn Family Vineyard</td>
</tr>
<tr>
<td>Laurent Manrique</td>
</tr>
<tr>
<td>Le Colonial</td>
</tr>
<tr>
<td>Le Grand Courtage</td>
</tr>
<tr>
<td>Lede Family Wines</td>
</tr>
<tr>
<td>Leo’s Oyster Bar</td>
</tr>
<tr>
<td>LEVY MCCLELLAN</td>
</tr>
<tr>
<td>Liebermann and Parikh</td>
</tr>
<tr>
<td>Liholiho Yacht Club</td>
</tr>
<tr>
<td>Locanda</td>
</tr>
<tr>
<td>Lokoya</td>
</tr>
<tr>
<td>Lolinda</td>
</tr>
<tr>
<td>Lord Stanley</td>
</tr>
<tr>
<td>Los Shucos</td>
</tr>
<tr>
<td>Love &amp; Luxe Jewelry</td>
</tr>
<tr>
<td>M. Etain</td>
</tr>
<tr>
<td>M.Y CHINA</td>
</tr>
<tr>
<td>The Majestic Yosemite Hotel</td>
</tr>
<tr>
<td>Marc Jacobs</td>
</tr>
<tr>
<td>Maria Manetti Shrem</td>
</tr>
<tr>
<td>and Jan Shrem</td>
</tr>
<tr>
<td>Marin Kombucha Company</td>
</tr>
<tr>
<td>Marlowe I Park Tavern I</td>
</tr>
<tr>
<td>The Cavalier</td>
</tr>
<tr>
<td>Martinelli Winery &amp; Vineyards</td>
</tr>
<tr>
<td>Mary Small Photography</td>
</tr>
<tr>
<td>The Mascot</td>
</tr>
<tr>
<td>mashNY Productions, Inc.</td>
</tr>
<tr>
<td>Mauritson Family Winery</td>
</tr>
<tr>
<td>Maven</td>
</tr>
<tr>
<td>Mayfield Bakery &amp; Cafe</td>
</tr>
<tr>
<td>McGrail Vineyards &amp; Winery</td>
</tr>
<tr>
<td>Meadowood Estate Events</td>
</tr>
<tr>
<td>Melka Wines</td>
</tr>
<tr>
<td>Memento Mori</td>
</tr>
<tr>
<td>Mer Soleil</td>
</tr>
<tr>
<td>Merchant Roots</td>
</tr>
<tr>
<td>Merry Edwards Winery</td>
</tr>
<tr>
<td>MICHAEL MINA</td>
</tr>
<tr>
<td>MINA Test Kitchen</td>
</tr>
<tr>
<td>MKT Restaurant and Bar</td>
</tr>
<tr>
<td>MoMo’s</td>
</tr>
<tr>
<td>Monsieur Benjamin</td>
</tr>
<tr>
<td>Moone-Tsai</td>
</tr>
<tr>
<td>Mourad</td>
</tr>
<tr>
<td>Mozzarella</td>
</tr>
<tr>
<td>Mt. Brave</td>
</tr>
<tr>
<td>Mugnaini Imports</td>
</tr>
<tr>
<td>Murray Circle at Cavallo Point</td>
</tr>
<tr>
<td>Napa Valley Reserve</td>
</tr>
<tr>
<td>Navio at The Ritz-Carlton, Half Moon Bay</td>
</tr>
<tr>
<td>Ne Timeas Restaurant Group</td>
</tr>
<tr>
<td>NeIlcôte</td>
</tr>
<tr>
<td>New Delhi Restaurant</td>
</tr>
<tr>
<td>Nico</td>
</tr>
<tr>
<td>Nido</td>
</tr>
<tr>
<td>Nopa I Nopalito</td>
</tr>
<tr>
<td>North Block Hotel</td>
</tr>
<tr>
<td>Notre Vin Wines</td>
</tr>
<tr>
<td>Nottingham Cellars</td>
</tr>
<tr>
<td>Omni Hotel</td>
</tr>
<tr>
<td>One Market Restaurant</td>
</tr>
<tr>
<td>Opus One</td>
</tr>
<tr>
<td>Orin Swift Cellars</td>
</tr>
<tr>
<td>The Oyster Girls</td>
</tr>
<tr>
<td>Ozumo SF</td>
</tr>
<tr>
<td>Pabu Izakaya &amp; The Ramen Bar</td>
</tr>
<tr>
<td>Packet Fusion</td>
</tr>
<tr>
<td>Paella del Reyes</td>
</tr>
<tr>
<td>Papapietro Perry Winery</td>
</tr>
<tr>
<td>Parallel 37</td>
</tr>
<tr>
<td>Patz &amp; Hall</td>
</tr>
<tr>
<td>Peay Vineyards</td>
</tr>
<tr>
<td>Perbacco Ristorante + Bar</td>
</tr>
<tr>
<td>Perry’s</td>
</tr>
<tr>
<td>Peter Michael</td>
</tr>
<tr>
<td>Peter Paul Wines</td>
</tr>
<tr>
<td>Piccino</td>
</tr>
<tr>
<td>Piperade Restaurant</td>
</tr>
<tr>
<td>The Plumed Horse</td>
</tr>
<tr>
<td>Poggiolo Trattoria</td>
</tr>
<tr>
<td>Preciso Park Café</td>
</tr>
<tr>
<td>Presidio Social Club</td>
</tr>
<tr>
<td>Preston Brown, DDS</td>
</tr>
<tr>
<td>Pride Mountain Vineyards</td>
</tr>
<tr>
<td>The Progress</td>
</tr>
<tr>
<td>Prospect</td>
</tr>
<tr>
<td>Pulido Walker</td>
</tr>
<tr>
<td>Quince I Cotogna</td>
</tr>
<tr>
<td>Quintessa</td>
</tr>
<tr>
<td>Radio-Coteau</td>
</tr>
<tr>
<td>Ram’s Gate Winery</td>
</tr>
<tr>
<td>The Ramen Bar</td>
</tr>
<tr>
<td>Ramey Wine Cellars</td>
</tr>
<tr>
<td>Realm Cellars</td>
</tr>
<tr>
<td>Recchiuti Confections</td>
</tr>
<tr>
<td>Red Hill Station</td>
</tr>
<tr>
<td>Redwood Treehouse</td>
</tr>
<tr>
<td>The Restaurant at Meadowood</td>
</tr>
<tr>
<td>The Restaurant at Wente Vineyards</td>
</tr>
<tr>
<td>Retro Cellars</td>
</tr>
<tr>
<td>Rich Table</td>
</tr>
<tr>
<td>Ridge Vineyards</td>
</tr>
<tr>
<td>The Ritz-Carlton, Half Moon Bay</td>
</tr>
<tr>
<td>The Ritz-Carlton, San Francisco</td>
</tr>
<tr>
<td>Rivers Marie Vineyards</td>
</tr>
<tr>
<td>RN74</td>
</tr>
<tr>
<td>Robert Sinskey Vineyards</td>
</tr>
<tr>
<td>Roka Akor</td>
</tr>
<tr>
<td>Rombauer Vineyards</td>
</tr>
<tr>
<td>Rose Pistola</td>
</tr>
<tr>
<td>Rosenblum Cellars</td>
</tr>
<tr>
<td>Round Pond Estate</td>
</tr>
<tr>
<td>Rye on the Road</td>
</tr>
<tr>
<td>Saddleback Cellars</td>
</tr>
<tr>
<td>Saison</td>
</tr>
<tr>
<td>San Francisco Ballet</td>
</tr>
<tr>
<td>Sandler Wine Co.</td>
</tr>
<tr>
<td>Sante Restaurant at The Fairmont</td>
</tr>
<tr>
<td>Sbragia Family Vineyard</td>
</tr>
<tr>
<td>Scala’s Bistro</td>
</tr>
<tr>
<td>Scarecrow</td>
</tr>
<tr>
<td>Scarlet Huntington Hotel</td>
</tr>
<tr>
<td>Scribe</td>
</tr>
<tr>
<td>Silver Oak Cellars</td>
</tr>
<tr>
<td>and Twomey Cellars</td>
</tr>
<tr>
<td>The Sir Francis Drake</td>
</tr>
<tr>
<td>Skylark Wine Company</td>
</tr>
<tr>
<td>The Slanted Door</td>
</tr>
<tr>
<td>Sokhani Vineyards</td>
</tr>
<tr>
<td>Sons and Daughters</td>
</tr>
<tr>
<td>Spottswoode Estate Vineyard and Winery</td>
</tr>
<tr>
<td>Sprig</td>
</tr>
<tr>
<td>Spruce</td>
</tr>
<tr>
<td>Stag’s Leap Wine Cellars</td>
</tr>
<tr>
<td>Staglin Family Vineyard</td>
</tr>
<tr>
<td>Starbelly</td>
</tr>
<tr>
<td>State Bird Provisions</td>
</tr>
<tr>
<td>Steven Kent Winery</td>
</tr>
<tr>
<td>Stones Throw</td>
</tr>
<tr>
<td>Stony Hill Vineyard</td>
</tr>
<tr>
<td>Suchada Herbal Spa</td>
</tr>
<tr>
<td>Switchback Ridge Wines</td>
</tr>
<tr>
<td>Tacolicious</td>
</tr>
<tr>
<td>Terra</td>
</tr>
<tr>
<td>Terzo / Rose’s Café</td>
</tr>
<tr>
<td>Testarossa Winery</td>
</tr>
<tr>
<td>Three Twins Ice Cream</td>
</tr>
<tr>
<td>Tiek</td>
</tr>
<tr>
<td>Torc</td>
</tr>
<tr>
<td>Tosca Café</td>
</tr>
<tr>
<td>Touchstone Climbing</td>
</tr>
<tr>
<td>Tout Sweet Pâtisserie</td>
</tr>
<tr>
<td>TR Elliott Winery</td>
</tr>
<tr>
<td>Trace</td>
</tr>
<tr>
<td>Tratto</td>
</tr>
<tr>
<td>Treisle Restaurant</td>
</tr>
<tr>
<td>Trick Dog</td>
</tr>
<tr>
<td>Trinchero Family Estates</td>
</tr>
<tr>
<td>Turley Wine Cellars</td>
</tr>
<tr>
<td>Turnbull</td>
</tr>
<tr>
<td>Uncorked</td>
</tr>
<tr>
<td>Vengas Empanadas</td>
</tr>
<tr>
<td>VerTerra</td>
</tr>
<tr>
<td>Vineyard 29</td>
</tr>
<tr>
<td>Vineyard 7 &amp; 8</td>
</tr>
<tr>
<td>Vino Noceto</td>
</tr>
<tr>
<td>Visual Presentation</td>
</tr>
<tr>
<td>Viva Goa</td>
</tr>
<tr>
<td>W Hotel and TRACE</td>
</tr>
<tr>
<td>Wagner Family Wines</td>
</tr>
<tr>
<td>Waterbar</td>
</tr>
<tr>
<td>Wayfare Tavern</td>
</tr>
<tr>
<td>Weaver’s Coffee &amp; Tea</td>
</tr>
<tr>
<td>Wente Vineyards</td>
</tr>
<tr>
<td>Wilkes Bashford</td>
</tr>
<tr>
<td>Williams Selyem Vineyard</td>
</tr>
<tr>
<td>Wise Sons</td>
</tr>
<tr>
<td>Yank Sing</td>
</tr>
<tr>
<td>Young Inglewood Vineyards</td>
</tr>
<tr>
<td>ZD Wines</td>
</tr>
<tr>
<td>Zephyr Hotel</td>
</tr>
<tr>
<td>Ziata Wines</td>
</tr>
</tbody>
</table>
FY 2016–17 BOARD OF DIRECTORS

Lois Chess, Board President
Principal
Chess Connect Inc.

Craig Sullivan, Vice President
Retired Chairman and CEO
The Clorox Company

Mark Mance, Treasurer
Owner
Northview Hotel Group

Helen A. Burt, Secretary
Senior Vice President for Corporate Affairs
Pacific Gas and Electric Company

José Allen
Retired Partner
Skadden, Arps, Slate, Meagher & Flom

Peti Arunamata
Area Information Officer
Kaiser Permanente
San Francisco Medical Center

Michael Bannon
Vice President
TPG Capital, Inc.

Marc Blakeman
Vice President External Affairs
AT&T

Arne Boudewyn
SVP/Managing Director
Abbot Downing/Wells Fargo

Meredith Eggers
Founder, President and CEO
Iteratti, Inc.

Leslie Gibin
VP, Risk Operations — Arch Mortgage Insurance
Co-Proprietor — Perbacco & Barbacco + Enio Trattoria Restaurants

Veronica Juarez
Director of Government Relations
Lyft

Kathy Kimball
Community Volunteer

Nancy Oakes
Chef and Co-Owner
Boulevard and Prospect Restaurants

Mark Petersen, Esq.
Partner
Farella Braun + Martel, LLP

Debbie Rachleff
Community Volunteer

Susan Sangiacomo
Community Volunteer

Dr. Ian Patrick Sobieski
Managing Director
Band of Angels, LLC

John Viola
SVP, Market Executive
Global Commercial Banking
Bank of America Merrill Lynch

Rosemary Wong
CEO
Harry K. Wong Publications, Inc.

Ashley C. McCumber
CEO & Executive Director
Meals on Wheels San Francisco

HONORARY BOARD

Teri and Andy Goodman, Co-Presidents
Cindy Black, Vice President
Barbara Walkowski, Secretary

Kellie and Steve Abreu
Paul Ash
Deborah and David Ballati
Hannah Blumenstiel
Sally Burke-Wingard and David Wingard
Sherri Burke and Robert Wolf
Shannon Cahill
Katie Callahan
Stephen Chess
Lisa and Jim Considine
Teresa Corbin
Tom de Rose and Karl Sopke
Barry Eggers
Laura Flourens-Fanlo and Nino Fanlo
Lee and Russ Flynn
Jonathan Fornaci
Andrew Freeman
Shelby and Frederick Gans
Ezra Garrett

Dan German
Umberto Gibin
Christina C. Giguere and David Kvaratskhelia
Emily and Sam Glick
Richard J. Guggenhime
Mary Lou Hely
Hannah and James Kim
Mary Heylin and Timothy Marten
Tom Horn
Rhonda Johnson and Tony Sladek
Chirag Khopkar
Rick Kimball
Christine Leong
Leah and Kirk Martin
Elizabeth McCarty and Edward Suharski
Connie Tompkins McCoile
Lila and Dean Morehous
Nancy Nolan
Jonathan Orban
Gabriela Franco Parcella
Peter Paul
MeMe and Bruce Pederson

Sonja Hoel Perkins and Jon Perkins
Cathy and Mike Podell
Betty Ann Prien
Mary Risley
Guillermo Rodriguez
Kay Rousseau and Stuart Montgomery
Sue Ryan
Yvonne Sangiacomo
Michelle Schmitt
Nancy and Kevin Sidow
Laurie Thomas
Bart Vis and Patrick Smith
Atsuko Watanabe
Irvenia Waters
Veronica Watson and Mike Petonic
Janelle Welling and Andy Wiegand
Harry Wong
Darlene Woodson
Abbie Yant
David and Janis Zaiken
Charles Zukow

MEALS ON WHEELS SENIOR STAFF

Ashley C. McCumber
Chief Executive Officer
and Executive Director

Anne Quaintance
Chief Government Affairs
and Business Development Officer

David Linnell
Chief Program Officer

Patrick Schmalz
Chief Financial Officer

Jessica Sweedler
Chief Development Officer