

Additional Senior Resources

Institute on Aging Services – (415) 750-4111

Adult Day Health and Social Programs

Alzheimer's Day Care Resource Center

Art Programs

Care Coordination and Care Management

Counseling and Bereavement Services

Education Programs

Elder Abuse Prevention Services

Financial Management and Estate Planning

Geriatric/Psychological Assessment Services

Home Care

Information and Referral

Medication Monitoring/Reminders

Memory Care Services

Spiritual Care and Support

Friendship Line for the Elderly - (800) 971-0016

- 24-hour telephone support and counseling program
- Crisis intervention and referrals
- Well-being telephone check-ins
- Follow-up home visits for supportive counseling and psychotherapy
- Group and individual grief counseling
- Specialized counseling and bereavement support for people who have experienced traumatic loss to suicide or sudden death.

Aging and Disability Resource Center (ADRC) - (415) 750-4111

- Caregiver assistance and support
- Case management services
- Employment and training opportunities
- Financial assistance and planning
- Food and nutrition
- Health and wellness

- Housing and shelter
- In home care
- Legal assistance
- LGBT programs and services
- Medical and dental care
- Mental health and counseling services
- Prescription drug coverage
- Senior centers
- Translation services
- Transportation

Other Agency Services

San Francisco Suicide Prevention - (415) 781-0500 or 1-800-273-8255

- 24-hour crisis line

San Francisco Department of Human Services- Adult Protective Services (APS)

(415) 355-6700

- Short-term case management
- Crisis intervention services
- Emergency shelter/in-home protection
- Counseling

Senior Center Without Walls - 1-877-797-7299

- Offering activities, education, friendly conversation, and an assortment of classes
- Support groups
- Presentations to seniors

HELPLINK Social Services - 211 or 1-800-273-6222

- Provides callers with information about and referrals to human services for every day needs and in times of crisis.
- Independent living skills workshops and adapted devices
- Home health care
- Adult day care
- Transportation
- Homemaker services
- Help with navigating the extensive benefits and services available to veterans

SF311 - 311 or (415) 701-2311

- Assists seniors and functionally impaired adults in coordinating range of social, mental health, and long term care services.
- Obtain information or services regarding the care and protection of seniors

Senior and Disability Action

(415) 546-1333

- Mobilize and educate seniors and people with disabilities to fight for individual rights and social justice.

Community Living Campaign

(415) 821-1003

- Computers, Internet and Training
- Connections for healthy aging
- Vision and hearing resources
- Long-term care resources
- Elder Abuse prevention
- Emergency preparedness
- Transportation options
- Economic security and food resources